

**Multidimensional assessment of patient condition and mutational analysis
in peripheral blood, as tools to improve outcome prediction in
myelodysplastic syndromes: a prospective study of the Spanish MDS**

Group

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- We have evaluated the relative contribution of patient condition and mutational analysis as tools to improve the IPSS-R for estimating overall survival and the risk of leukemic transformation in MDS patients in a prospective cohort of 200 consecutive MDS patients.
- Patient condition, assessed by the multidimensional Lee index, and patient mutational status in peripheral blood by NGS can improve the prediction of clinical outcomes of patients with MDS already stratified by IPSS-R.

ABSTRACT

The International Prognostic Scoring System and its revised form (IPSS-R) are the most widely used indices for prognostic assessment of patients with myelodysplastic syndromes (MDS), but can only partially account for the observed variation in patient outcomes. This study aimed to evaluate the relative contribution of patient condition and mutational status in peripheral blood when added to the IPSS-R, for estimating overall survival and the risk of leukemic transformation in patients with MDS.

A prospective cohort (2006-2015) of 200 consecutive patients with MDS were included in the study series and categorized according to the IPSS-R. Patients were further stratified according to patient condition (assessed using the multidimensional Lee index for older adults) and genetic mutations (peripheral blood samples screened using next-generation sequencing). The change in likelihood-ratio was tested in Cox models after adding individual covariates. The addition of the Lee index to the IPSS-R significantly improved prediction of overall survival [hazard ratio (HR) 3.02, 95% confidence interval (CI) 1.96–4.66, $p < 0.001$], and mutational analysis significantly improved prediction of leukemic evolution (HR 2.64, 1.56–4.46, $p < 0.001$). Non-leukemic death was strongly linked to patient condition (HR 2.71, 1.72–4.25, $p < 0.001$), but not to IPSS-R score ($p = 0.35$) or mutational status ($p = 0.75$). Adjustment for exposure to disease-modifying therapy, evaluated as a time-dependent covariate, had no effect on the proposed model's predictive ability.

In conclusion, patient condition, assessed by the multidimensional Lee index, and patient mutational status can improve the prediction of clinical outcomes of patients with MDS already stratified by IPSS-R.

INTRODUCTION

Approximately 25% of the patients diagnosed with MDS die from progression to acute myeloid leukemia (AML), whereas the rest will have a non-leukemic death (NLD), including the 25% who die from MDS-unrelated causes.¹ Since its publication in 1997,² the International Prognostic Scoring System (IPSS) has been the widest-used prognostic index in MDS patients, and a revised form (IPSS-R) was published in 2012.³ The IPSS-R was derived from a large retrospective patient series, incorporates refined cytogenetic stratification⁴ and takes into account depth of cytopenia. In addition, enumerating bone marrow blast from nonerythroid cellularity and using a unique cutoff of 3.5 has been shown to improve its prognostic performance.⁵⁻⁷ However, neither the IPSS nor the IPSS-R have faced the problem of death from MDS-unrelated causes.

The term “patient condition” is defined here as the general status of the typically old MDS patient, assessed multidimensionally according to demographic, behavioral, nutritional, comorbid and functional parameters. The Comprehensive Geriatric Assessment captures most of this factors;⁸ however, many patients diagnosed with MDS are <65 years and cannot therefore be considered elderly, and the term “older adults” seems more appropriate. The 12-item Lee index⁹ is one of the best-performing multidimensional prognostic indices for older adults¹⁰, used to predict 4- and 10-year mortality.^{9,11}

Developed from a population of community-dwelling adults aged >50 years, the index incorporates age, gender, smoking habit,¹² body mass index, comorbidity and functional performance into a single tool suitable for daily practice. A modification of this index predicts 5-year mortality.¹³ Although it cannot substitute a Comprehensive Geriatric Assessment in the oldest adults¹⁴, the

index has been adequately validated and can also be applied to patients aged between 50-65 years old.

Mutational analysis of bone marrow (BM) at diagnosis has been demonstrated to contribute to survival prediction, independently of the IPSS in several retrospective patient series¹⁵⁻¹⁸ and also, recently, independently of the IPSS-R in a prospective patient series.¹⁹ There is however a lack of prospective studies analyzing the relative contribution of mutational status and patient condition to outcome prediction in patients already stratified according to the IPSS-R.

Furthermore, mutational analysis of peripheral blood (PB) samples from MDS patients, a variant of the so-called “liquid biopsy”,²⁰ has not been performed on a sufficiently large population of MDS patients. A template for a molecular upgrade of the IPSS-R (“IPSS-R molecular”) derived from mutational analysis of BM data was recently proposed,²¹ but did not take into account patient condition. In 2016, authors of the European Haematology Association Roadmap for European Hematology Research concluded that studies analyzing the relationship between genotype, gender, age and comorbidities are required to improve their prognostic/predictive models for MDS.²²

The aim of this study was to evaluate the relative contribution of patient condition and mutational analysis in peripheral blood, as tools to improve the IPSS-R for estimating overall survival (OS) and the risk of leukemic transformation (LT) in MDS patients. Our hypothesis was that both of them may add prognostic information to the IPSS-R.

METHODS

PATIENTS AND CLINICAL METHODS

A total of 266 consecutive patients diagnosed with MDS (according to French-American-British criteria)²³ were prospectively recruited from eight Grupo Español de Síndromes Mielodisplásicos (GESMD) sites (June 2006–October 2010). MDS diagnosis, classification and cytogenetic evaluation were performed following GESMD recommendations.²⁴ All procedures were performed in accordance with the Declaration of Helsinki 1975. Written informed consent was obtained from all patients, and Institutional Review Boards at each hospital approved the study.

Patients were reclassified according to the World Health Organization (WHO) 2008 criteria²⁵ and prognosis categorized according to IPSS-R.³ Out of 266 patients, 200 primary MDS patients (Figure 1) were enrolled and followed up until August 2015 (median 3.6 years; range 0.1–7.7). Sixty-six patients were excluded because of CMML diagnosis, doubtful MDS, secondary MDS, cytogenetic analysis was not available, absence of adequate metaphases for cytogenetic analysis, or consent revocation. Fifty-five patients received disease-modifying therapeutic strategies: frontline azacitidine (AZA) (n=32), frontline intensive chemotherapy (IC) (n=5), frontline AZA +IC rescue (5), and allogeneic hematopoietic cell transplantation (HCT) (n=13; 5 frontline, 1 post-frontline AZA, 6 post-frontline IC, and 1 after frontline AZA and rescue with IC).

Patient condition was evaluated using the Lee index;⁹ IPSS-R 'differentiating variables for survival' were also analyzed (age, Eastern Cooperative Oncology Group performance status [ECOG PS], serum lactate dehydrogenase [LDH] at diagnosis, ferritin, and beta-2 microglobulin).³

Unprocessed PB samples collected at diagnosis from every patient at each study site was sent unprocessed at ambient temperature to a central facility for

nucleic acid extraction and were kept frozen at -80° C until mutational analysis performed.

MUTATIONAL ANALYSIS

The mutational analysis by next-generation sequencing (NGS) was carried out for the 159 (79.5%) patients whose DNA was of adequate quality, following procedures described elsewhere.²⁶ A list of genes analyzed in all patients is shown in Table S1. Given the difficulties to develop a robust molecular profile for outcomes prediction, the patients were instead stratified according to the modified score of Bejar et al.²¹ In short, patients were stratified into 3 groups according to the presence/absence of mutations in the *SF3B1* gene and the presence/absence of any mutations in the genes *TP53*, *CBL*, *EZH2*, *RUNX1*, *U2AF1* or *ASXL1*; favorable: *SF3B1* mutation only; unfavorable: wildtype *SF3B1* + mutation in any of the other six genes; intermediate: all other patients. All assays were performed blinded to the study end points, by technicians who were not involved in patient management.

STATISTICAL ANALYSIS

Continuous and ordinal variables were summarized by their median and interquartile range (IQR), and the Mann-Whitney's test was used to analyze differences in mean rank. Categorical variables were described by counts and relative frequencies, and the Fisher's exact test was used to analyze differences in distribution between patient subsets. Patient condition was assessed using the Lee index original quartiles;⁹ however, the second and third quartiles were merged into a common intermediate category (clear overlap in OS). Whenever possible, other covariates were dichotomized according to clinically relevant

cut-offs (upper limit of normal range for LDH; ferritin >500 ng/mL; beta-2 microglobulin >3 mg/L). Cases with missing values in one covariate were excluded in all the tests where that covariate was used.

OS was defined as the time from diagnosis to death (as a result of all causes), last follow-up or study closing date, and was plotted using the Kaplan-Meier product-limit method. Cumulative incidence of LT was calculated from diagnosis to progression to AML (> 20% blast cells in PB or BM), last follow-up or closing date using the method described by Coviello & Boggess (in the context of the competitive risk of death unrelated to leukemia).²⁷ Patients treated by allogeneic HCT were censored at the time of transplant.

The log-rank test was used to check the association between categorical predictors and OS. The proportional hazards assumption was verified and all covariates analyzed by testing the change in likelihood-ratio in Cox models following addition of each individual covariate to the IPSS-R. At least 10 events per predictor was considered an appropriate number for multivariable analysis. Finally, we opted for straightforward models that included only IPSS-R and the best additional covariates. The increased discriminating power of the expanded prognostic models on OS prediction, versus IPSS-R alone, was evaluated by the Harrell's C index and the R^2 explained variation.^{28,29} The independent effect of the covariates on the incidence of LT and non-leukemic death (NLD) in the framework of competing risks was analyzed, according to the method by Fine and Gray.³⁰ Statistical analyses were performed using SPSS release 19.0 (SPSS Inc., Chicago, IL, USA) and Stata, Release 11 (StataCorp LLC, College Station, TX, USA).

RESULTS

PATIENT CHARACTERISTICS AND OVERALL PREDICTED OUTCOME

The baseline clinical characteristics of the 200 patients enrolled in the study are shown in Table S2. A total of 47/200 (23.5%) patients progressed to AML, 117 (58.5%) died (76 without AML and 41 after LT), 13 (6.5%) patients were lost to follow-up; and 70 (35%) patients were censored (alive) at the study closing date. Median OS was 4 years (95% confidence interval [CI] 2.9–5.0; see Figure S1a) and median time from diagnosis to AML transformation was 1 year (range 0.05–5.4 [IQR 0.5–2.5]). Cumulative incidence of LT at 1, 3 and 4 years — considering AML-unrelated death as a competing risk — was 11% (95% CI 9–16%), 19% (95% CI 14–27%) and 23% (95% CI 17–30%), respectively (Figure S2).

MUTATIONAL ANALYSIS

Of the 159 patient samples included in the mutational analysis, 144 (90.6%) contained ≥ 1 mutation [median (IQR): 2 (0–7)]. For additional details see Tables S3 and S4. Mutations were found in 75/111 (67.6%) genes analyzed. The most frequently mutated gene was *SF3B1* (23.3%) followed by *TET2* (22.6%), *DNMT3A* (15.7%), *SRSF2* (15.1%), *ASXL1* (13.2%) and *RUNX1* (13.2%). The relative mutation frequency of genes included in the genetic score was *SF3B1* (23.3%), *RUNX1* (13.2%), *ASXL1* (13.2%), *TP53* (6.3%), *U2AF1* (5.0%), *EZH2* (3.1%) and *CBL* (1.9%). To facilitate future inter-series comparison, patients were reclassified according to the 2016 revision of the WHO classification³¹, taking into consideration the eventual presence of *SF3B1* mutations in patients with 5–15% ring sideroblasts (Table S5).

OVERALL SURVIVAL PREDICTION

IPSS-R adequately predicted OS in univariate analysis in our series (HR 2.12, CI 95% 1.76-2.53, $p < 0.001$; Figure S1b), but Lee index and the mutational analysis according to the Bejar's 2015-modified molecular score also showed a statistically significant univariate impact (Figure 2 and Table I). The addition of Lee index to IPSS-R, significantly improved the model's prognostic power (as measured by the likelihood ratio test) whereas mutational analysis did not have such an effect (Table I). The increased discriminating power of the expanded prognostic models on OS compared with IPSS-R alone is shown in Table S6. Several "differentiating variables for survival" also added prognostic information for OS (although not for LT) independently of the IPSS-R but with lower adjusted HRs (Tables S7 and S8). Furthermore, none of them improved significantly the prognostic power of the combination of IPSS-R and Lee index. More specifically, the addition of age to IPSS-R and Lee index did not significantly improve the prognostic power of the model ($p = 0.06$).

PREDICTION OF LEUKEMIC TRANSFORMATION AND NON-LEUKEMIC DEATH

Both IPSS-R (standardized hazard ratio [SHR] 2.23, 95% CI 1.75–2.84, $p < 0.001$) and mutational analysis ($p < 0.001$) could be used to predict cumulative incidence of LT by univariate analysis, whereas the Lee index could not ($p = 0.71$) (Figures S3 and S4, Table I). The addition of mutational analysis to the IPSS-R improved LT prediction ($p < 0.001$; Table I). The risk of LT was lower with advancing age, as assessed by univariate analysis (HR 0.71, 95% CI 0.55–0.91, $p = 0.007$).

As expected, patient-related covariates (such as the Lee index) did not contribute to prediction of LT as assessed by multivariable analysis, but did predict NLD ($p < 0.001$, HR 2.71, 95% CI 1.72–4.25). In contrast, IPSS-R and mutational analysis contributed to prediction of LT but not NLD ($p = 0.35$, HR 1.10, 95% CI 0.90–1.35 and $p = 0.75$, SHR 1.05, 95% CI 0.77–1.45; respectively).

Finally, adjustment of the above models for exposure to disease-modifying therapeutic strategies had no effect on their prognostic power, as measured by changes in the HR (data not shown).

CLINICO-BIOLOGICAL CORRELATES

There was a significant correlation between the Lee index score, and ECOG PS and serum beta-2 microglobulin levels ($\rho + 0.49$, $p < 0.001$; and $\rho + 0.42$, $p < 0.001$; respectively), but not with the IPSS-R score ($\rho - 0.13$, $p = 0.061$). In contrast, there was a significant association between IPSS-R category and both the original molecular score¹² and the modified molecular score¹⁸ ($p = 0.004$, and $p = 0.023$, respectively; chi-squared for trend). We did not find any statistically significant association between patient condition and mutational status ($p = 0.28$, Table S9).

Transfusion dependence was not associated with the Lee index score ($p = 0.18$). However, it was associated with ECOG PS (20.0%, 36.3%, 36.8% and 64.3%, for the 0, 1, 2 and 3+4 subsets, respectively; $p = 0.002$) and IPSS-R (2%, 31.2%, 39.4%, 68.0% and 66.7% for the very low, low, intermediate, high and very high subsets, respectively; $p < 0.001$).

DISCUSSION

In agreement with prospective studies published in 2016, we confirmed the prognostic power of the IPSS-R in terms of OS^{19,32} and LT³² in patients with MDS. Addition of patient condition to the IPSS-R, as measured by the multidimensional Lee index (including age, gender, smoking habit, body mass index, comorbidity and functional performance), improved OS prediction, whereas addition of mutational status improved LT prediction. This may be particularly useful for patients classified in the lower- and intermediate-risk categories of the IPSS-R, and therefore a new integrative prognostic algorithm for patients with MDS is proposed (Figure 3).

Within the series, patient age was a predictor of shorter OS and a lower risk of LT, as assessed by univariate analysis. According to the data presented, NLD acted as a mediator for both, acting directly on the OS and behaving as a competing risk event for LT.

The IPSS-R and the WHO Classification-Based Prognosis Scoring System (WPSS) are used to predict both OS and LT across the whole spectrum of primary MDS.^{3,33,34} In recent years, other prognostic scoring systems for patients with lower-risk MDS^{35,36}, as well as for patients with secondary and previously-treated MDS³⁷, have been published, most of which include age and/or ECOG PS as prognostic variables. We hypothesize that that incorporation of patient condition and mutational status in PB might also increase the prognostic power of these indices.

ECOG PS is one of the most commonly used covariates in prognostic models for cancer patients; however, it does not take into account comorbidity, which is also a relevant predictor of OS in patients with MDS.³⁸⁻⁴⁵ Comorbidity was not analyzed during IPSS or IPSS-R development, but was evaluated in later

studies in retrospective cohorts. In our study, the multidimensional Lee index, categorized in three strata (score <6, 6-13, and >13) adequately predicted OS in a prospective cohort of MDS patients. Interestingly, the Lee index did not correlate with transfusion dependence whereas PS did. This result could be related to the fact that the Lee index evaluates functional performance of patients prior to MDS diagnosis, whereas ECOG PS evaluates the functional impact of MDS itself.

An interesting observation from our data is the differential contribution of the patient condition and mutational analysis to prognosis assessment of patients with MDS. Although IPSS-R is a potent prognostic tool for OS, its effect appears to occur predominantly through its implication in LT, since in our hands it did not predict NLD (though the problem of small numbers may be an issue). In our study, the Lee index improved the predictive power of the IPSS-R in terms of OS, through its power to predict NLD, thus overcoming mutational analysis in this regard.

Mutational analysis by NGS is a promising tool for MDS prognosis assessment and, when performed using PB, may be particularly useful in patients with prominent marrow fibrosis.²⁶ It is also an ideal tool for studying clonal evolution, especially in older and debilitated MDS patients who would otherwise require repeated BM punctures. In this study, mutational analysis was performed on DNA isolated from the whole cellular fraction of PB, replicating previously published data on the independent prognostic value of mutational analysis.

Disease-modifying therapeutic strategies may have acted as a potential confounding factor,⁴⁶⁻⁴⁹ but after adjusting for it we did not detect any relevant change in the hazard and sub-hazard estimations.

In conclusion, this clinico-biological study in a prospective cohort has demonstrated the independent value of multidimensional evaluation of patient condition and screening for mutations in PB to predict the outcome of patients with MDS. Both variables may be potentially useful add-ons for patients already stratified by the IPSS-R, especially in the very low/low and intermediate-risk categories.

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AUTHORSHIP CONTRIBUTIONS

F.R. conceived the study and designed the research. F.R., C.P., R.P., A.I., M.T., M-D-C., B.X. and E.S. recruited the patients and collected the data. L.A., L.F. and C.C. took responsibility for the MDS diagnostic process. F.R. and J.S.-R revised the WHO classifications of each patient included. C.R., R.B., and M.R. performed the mutational analysis. E.L. revised the cytogenetic analysis of each patient included. F.R. assembled the data, performed the initial statistical analysis and wrote the draft. A.P. reviewed the survival analysis. G.F.S. and J.M.H.-R. supervised the study. All authors interpreted the data, revised and approved the final manuscript.

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Article
Accepted Article**CONFLICT OF INTEREST DISCLOSURES**

The authors declared no conflicts of interest to declare in relation to the work described here. The sponsors were not involved in study design; in the collection, analysis and interpretation of data; in the writing of the report; or in the decision to submit the report for publication.

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FIGURE LEGENDS

Figure 1. **Patient disposition**

AML, acute myeloid leukemia; CMML, chronic myelomonocytic leukemia; Dx., diagnosis; MDS, myelodysplastic syndromes; IPSS-R, revised International Prognostic Scoring System; Lee index, patient condition as measured by Lee index; MA, mutational analysis; NA, not available; NGS, Next-Generation Sequencing; NLD, non-leukemic death; PB, peripheral blood; yr, year; w/o, without.

Figure 2. **Overall projected survival (95% confidence interval) as a function of patient condition**

Patient condition (age, gender, smoking habit, body mass index, comorbidity, and functional performance) was evaluated by using Lee index for older adults⁹. In this study, the Lee index was categorized into three strata (score <6; 6–13; and >13).

Figure 3. **An integrative algorithm for predicting outcome of MDS patients**

The treatment algorithm proposes: 1. The categorization of patients according to IPSS-R score (enumerating BM blasts from nonerythroid cellularity and using a unique IPSS-R cutoff of 3.5 has been shown to improve IPSS-R prognostic power)⁵⁻⁷; 2. NGS mutational analysis of BM or peripheral blood (the technology is expected to improve over time with improved understanding of gene interactions); 3. Further categorization by the Lee index (other indices may also

be used in daily practice^{10,11,13,38-43}). Other high-risk features include: severe neutropenia, severe thrombocytopenia, marrow fibrosis grade 2–3, high scores in other dedicated tools^{26,35-37}.

The dashed line for patients with a Lee index score >13 indicates that this subset of patients might not obtain a definite survival benefit when treated by current therapeutic strategies, despite the prognostic significance of the Lee index score for OS.

BM, bone marrow; IPSS-R, revised International Prognostic Scoring System; MDS, myelodysplastic syndromes; NGS, next-generation sequencing; OS, overall survival.

TABLE LEGENDS

Table I. Impact of patient condition and mutational status in PB on overall survival and leukemic transformation (unadjusted as well as adjusted for IPSS-R)

Cat.: categories. Lee's score categories: favorable (lower than 6), intermediate (6-13), unfavorable (greater than 13). Mutational status²¹: patients are stratified into 3 groups according to the presence/absence of mutations in the *SF3B1* gene and the presence/absence of any mutations in the genes *TP53*, *CBL*, *EZH2*, *RUNX1*, *U2AF1* or *ASXL1*. Those patients harboring only a mutation in *SF3B1*, but not in the other 6 genes are assigned to the the favorable group, those who have wildtype *SF3B1* and a mutation in any of the other 6 genes are

assigned to the unfavorable group, and the rest are allocated to the intermediate group. PB, Peripheral blood. HR, Hazard ratio. SHR, Standardized hazard ratio. CI 95%, Confidence interval 95%. Adjusted, refers to the values when introducing both IPSS-R and a single additional covariate in the model. IPSS-R categories used for the adjustment: Very low, Low, Intermediate, High, Very high.

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		Overall Survival			
	n	Unadjusted		Adjusted for IPSS-R	
Covariate		HR (CI 95%)	p-value	HR (CI 95%)	p-value
Lee index ⁹ (3 cat.)	199	2.99 (1.98-4.52)	<0.001	3.02 (1.96-4.66)	<0.001
Mutational status in PB ²¹ (3 cat.)	159	1.49 (1.13-1.98)	0.005	1.11 (0.80-1.54)	0.17
		Leukemic transformation			
	n	Unadjusted		Adjusted for IPSS-R	
Covariate		SHR (CI 95%)	p-value	HR (CI 95%)	p-value
Lee index ⁹ (3 cat.)	199	0.86 (0.39-1.89)	0.71	-	-
Mutational status in PB ²¹ (3 cat.)	159	2.64 (1.56-4.46)	<0.001	2.25 (1.27-3.99)	<0.001

Table II

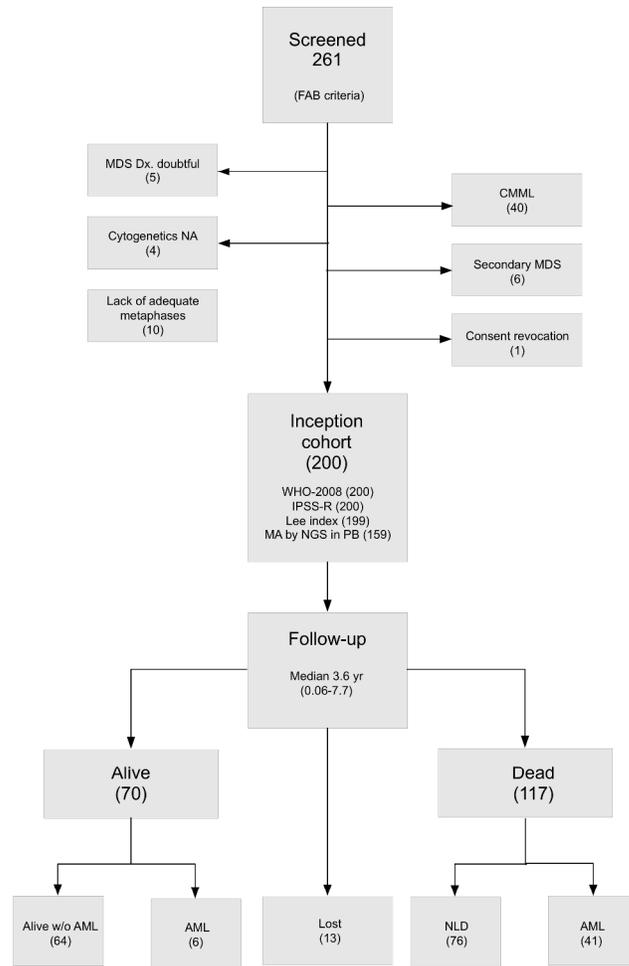


Figure 1. Patient disposition
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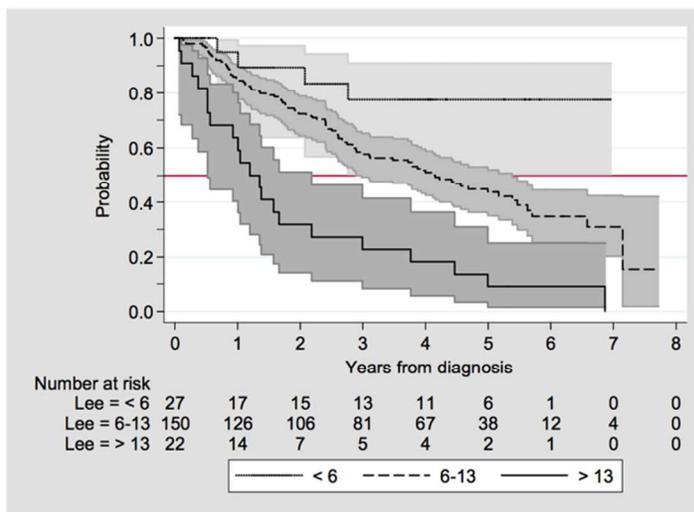


Figure 2. Overall projected survival (95% confidence interval) as a function of patient condition

338x190mm (72 x 72 DPI)

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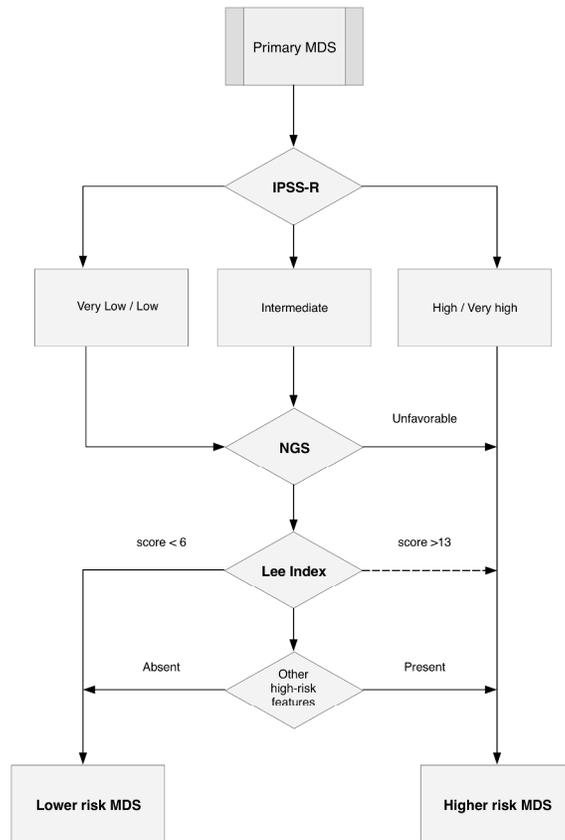


Figure 3. An integrative algorithm for predicting outcome of MDS patients

297x420mm (300 x 300 DPI)

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