

## Unbiased Interrogation of 3D Genome Topology Using Chromosome Conformation Capture Coupled to High-Throughput Sequencing (3C-Seq) 2 3 4

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### Abstract 7

The development and widespread implementation of chromosome conformation capture (3C) technology 8  
has allowed unprecedented new insight into how chromosomes are folded in three-dimensional (3D) 9  
space. 3C and its derivatives have contributed tremendously to the now widely accepted view that genome 10  
topology plays an important role in many major cellular processes, at a chromosome-wide scale, but certainly 11  
also at the level of individual genetic loci. A particularly popular application of 3C technology is to 12  
study transcriptional regulation, allowing researchers to draw maps of gene regulatory connections beyond 13  
the linear genome through addition of the third dimension. In this chapter, we provide a highly detailed 14  
protocol describing 3C coupled to high-throughput sequencing (referred to as 3C-Seq, analogous to 15  
4C-Seq reported by others), allowing the unbiased interrogation of genome-wide chromatin interactions 16  
with specific genomic regions of interest. Interactions between spatially clustered DNA fragments are 17  
revealed by crosslinking the cells with formaldehyde, digesting the genome with a restriction endonuclease 18  
and performing a proximity ligation step to link interacting genomic fragments. Next, interactions with a 19  
selected DNA fragment are extracted from the 3C library through a second round of digestion and ligation 20  
followed by an inverse PCR. The generated products are immediately compatible with high- 21  
throughput sequencing, and amplicons from different PCR reactions can easily be multiplexed to 22  
dramatically increase throughput. Finally, we provide suggestions for data analysis and visualization. 23

**Key words** Chromosome conformation capture (3C), 3C-Seq, 4C, Genome-wide, Long-range gene 24  
regulation, Chromatin looping, DNA, Bioinformatics 25

## 1 Introduction 26

Chromosome conformation capture (3C) and high-throughput 27  
derivatives (4C, 3C-/4C-Seq, Capture-C, T2C, Hi-C, Capture- 28  
Hi-C, ChIA-PET) enable the reconstruction of average topologi- 29  
cal genome conformations from populations of cells [1, 2]. This 30  
knowledge is essential to fully understand gene regulatory princi- 31  
ples, as it has been clearly demonstrated that gene transcription is 32

33 intimately linked to three-dimensional (3D) genome organization.  
34 Indeed, gene regulatory elements may interact with their target  
35 genes over large genomic distances (hundreds to thousands of  
36 kilobases (kb)) via chromatin looping mechanisms (reviewed in  
37 [3]) to modulate the transcriptional activity of target promoters.  
38 Therefore, defining long-range chromatin interactions and their  
39 dynamics across different experimental settings has the potential to  
40 yield critical insights into gene regulatory processes. 3C, for exam-  
41 ple, allows researchers to detect gene distal cis-regulatory elements  
42 through their physical co-association with target promoters in  
43 large and complex genomes. 3C also represents an essential step  
44 toward understanding genotype–phenotype relationships in mam-  
45 mals and the functional impact of common noncoding genomic  
46 variants in humans (i.e., [4–9]).

47 The principle underlying 3C is one of the elegant simplicity.  
48 3C (and all 3C-related technologies) relies on proximity ligation-  
49 mediated capture of chromatin interactions (Fig. 1). Typically,  
50 formaldehyde crosslinking is used to fix the native 3D genome  
51 organization, followed by restriction enzyme digestion of the  
52 genome. This way, distal chromatin fragments that were in close  
53 proximity in the nuclear space at the time of fixation remain physi-  
54 cally linked and can be ligated to each other. Subsequent PCR  
55 strategies and deep sequencing approaches are used to detect these  
56 ligation products and to reconstruct the 3D chromatin conforma-  
57 tion of the cells under investigation.

58 We have used 3C-sequencing (3C-Seq, analogous to 4C-Seq  
59 [10]), a high-throughput 3C derivative to analyze topological con-  
60 formations of genomic regions of interest with genome-wide cov-  
61 erage. 3C-Seq uses a single chosen genomic region of interest  
62 (e.g., enhancer, promoter, domain boundary; referred to as the  
63 “viewpoint”) and interrogates the whole genome for chromatin  
64 co-associations with this region. As such, 3C-Seq by itself is not  
65 truly a genome-wide assay as it is focused on chosen genomic  
66 regions. To overcome this limitation, we apply 3C-Seq in a multi-  
67 plexed fashion to enable analysis of dozens of viewpoints in parallel  
68 with genome-wide coverage [11].

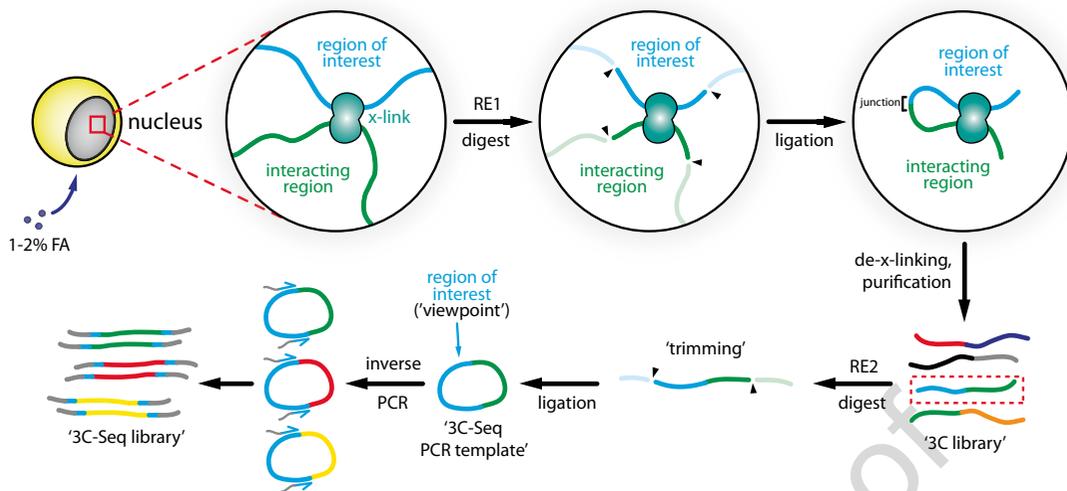
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## 69 2 Materials

70 All materials, reagents, and software listed are divided using the  
71 same subheadings as used in Subheading 3 describing the meth-  
72 ods. All buffers and solutions described below are prepared using  
73 nuclease-free deionized water. Reagents can be stored at room  
74 temperature unless stated otherwise.

### 75 2.1 Design of a 3C- 76 Seq Experiment

- 77 1. Computer with standard restriction analysis/PCR primer  
78 design software.



**Fig. 1** Principles underlying the 3C-Seq protocol. Depicted is a schematic of the different experimental steps required to obtain a 3C-Seq library. Cells are treated with formaldehyde (“FA”; 1–2%), causing nuclear architecture to be stably fixed through the formation of protein–protein and protein–DNA crosslinks (shown as an “x-link”). As a result, interacting genomic regions normally separated on the linear chromosome (exemplified by the *blue* and *green* strands) are maintained in close proximity during chromatin fragmentation (digestion with the primary restriction enzyme, “RE1”) and proximity ligation. The latter step creates chimeric molecules (the “3C library”) with a ligation junction that allows their identification. In 3C-/4C-Seq protocols, 3C libraries are digested a second time (with RE2) to trim the average size of the individual molecules, allowing for efficient PCR amplification after self-circularization through a second ligation. PCR primers are designed on a region of interest (the “viewpoint,” depicted in *blue* here) and face outward to amplify all unknown fragments that have been ligated to the viewpoint (represented by the *green*, *red*, and *yellow* fragments). The addition of sequencing adapters to the PCR primers (shown as *gray* overhangs) allows for direct high-throughput sequencing of 3C-Seq libraries

**2.2 Crosslinking of Cells and Isolation of Nuclei**

1. Mammalian cells of interest (i.e., cultured cell lines or primary cells, FACS purified cells, or freshly isolated tissue samples) (*see Note 1*). 77
2. Cell strainer (40  $\mu$ M or 70  $\mu$ M depending on the cell size). 80
3. Appropriate cell culture medium or 10% heat-inactivated FCS in PBS (FCS/PBS). 81
4. 37% formaldehyde (*Toxic*: handle in chemical fume hood) (*see Note 2*). 83
5. 1-M glycine in water (0.22  $\mu$ M filtered). 85
6. Protease inhibitors (e.g., complete protease inhibitor, Roche). 86
7. Freshly prepared cell lysis buffer (10-mM Tris-HCl, pH 8.0, 10-mM NaCl, 0.2% NP-40 containing protease inhibitors), store on ice until needed (*see Note 3*). 88

**2.3 Generation of the 3C Library: Digestion and Ligation**

1. Primary restriction enzyme and appropriate buffer (*see Note 4*). 90
2. 10% (wt/vol) SDS. 91
3. 20% (wt/vol) Triton X-100. 92

- 93 4. Proteinase K (10 mg/ml).
- 94 5. Basic agarose gel electrophoresis equipment and reagents.
- 95 6. 10× T4 DNA ligation buffer (Roche) (*see Note 5*).
- 96 7. T4 DNA ligase (highly concentrated, 5 U/μl, Roche).
- 97 **2.4 De-crosslinking**
- 98 **and DNA Purification**
- 99 1. Phenol/chloroform/isoamyl alcohol (25:24:1), saturated with
- 100 100-mM Tris-HCl, pH 8.0 (*Toxic*: handle in chemical fume
- 101 hood).
- 102 2. DNase-free RNase A (10 mg/ml).
- 103 3. 2-M sodium acetate, pH 5.6 or 3-M sodium acetate, pH 5.2.
- 104 4. 100% and 70% ethanol.
- 105 5. 10-mM Tris-HCl, pH 7.5.
- 106 **2.5 Generation**
- 107 **of the 3C-Seq PCR**
- 108 **Template: Digestion**
- 109 **and Ligation**
- 110 1. Secondary restriction enzyme and appropriate buffer (*see Note 6*).
- 111 2. Glycogen (20 mg/μl), molecular biology grade.
- 112 **2.6 DNA Purification,**
- 113 **PCR Amplification,**
- 114 **and 3C-Seq Library**
- 115 **Preparation**
- 116 1. Spin column-based DNA purification kit (*see Note 7*).
- 117 2. DNA quantification system (e.g., spectrophotometric or
- 118 fluorometric).
- 119 3. Expand Long Template PCR System.
- 120 4. dNTPs (10 mM).
- 121 5. Viewpoint-specific inverse PCR oligonucleotides.
- 122 6. High Pure PCR Product Purification kit or AMPure XP beads
- 123 (Beckman Coulter) (*see Note 8*).
- 124 **2.7 High-Throughput**
- 125 **Sequencing and Data**
- 126 **Analysis**
- 127 1. Bioanalyzer and DNA 12000 chip cartridges (Agilent) (*see Note 9*).
- 128 2. Accurate DNA quantification methodology.
3. Illumina high-throughput sequencing system and required reagents.
- 129 **2.8 Primary Data**
- 130 **Analysis and**
- 131 **Downstream Data**
- 132 **Analysis (See Note 26)**
- 133 1. *SAMtools* available at <http://www.htslib.org/> [12].
- 134 2. *BEDTools* available at <https://github.com/arq5x/bedtools2>
- 135 [13].
- 136 3. *Bowtie* available at <http://bowtie-bio.sourceforge.net/> [14].
- 137 4. Illumina base-calling software (*bcl2fastq*) available from
- 138 <http://www.illumina.com/>.
- 139 5. *IGV genome browser* available at <http://www.broadinstitute.org/igv/> [15].
- 140 6. *Python* available at <http://www.python.org/>. All simple
- 141 3C-Seq analysis scripts have been developed using Python
- 142 release 2.x.

7. *Pysam* available at <https://github.com/pysam-developers/pysam>. 129  
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8. 3C analysis scripts available at <https://github.com/RWWB/simple3Cseq>. 131  
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9. FastA file with the reference genome sequence. 133
10. Chromosome sizes for the reference genome (generated from FastA). 134  
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11. Bowtie index for the reference genome (generated from FastA). 136  
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12. Software packages for in-depth data analysis (e.g., *r3Cseq*, *Basic4CSeq*, *fourSig*, *4Cseqpipe*, *FourCSeq*). 138  
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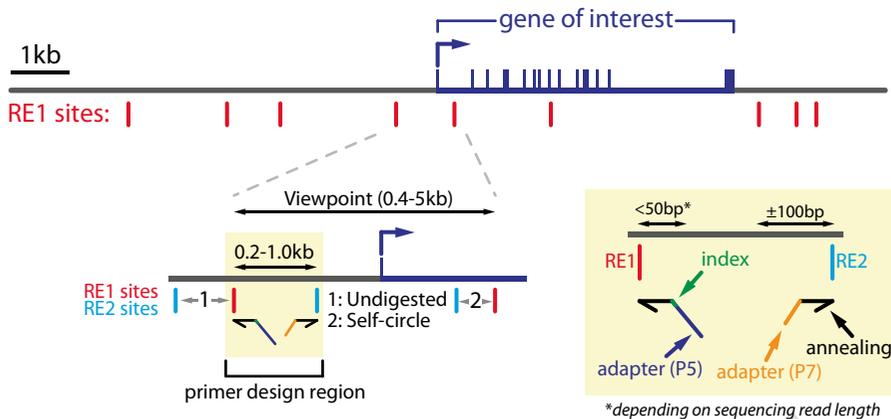
### 3 Methods 140

#### 3.1 Design of a 3C-Seq Experiment

1. Determine “bait(s)” or “viewpoint(s)” of interest to be analyzed. Typically, these represent discrete genomic regions defined by a known or suspected regulatory function (e.g., enhancer or promoter)—however, any genomic region is in principle amenable to 3C-Seq analysis. 141  
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2. Select a (set of) suitable primary restriction enzyme(s) based on (1) general performance in 3C-type conditions, (2) insensitivity to mammalian CpG methylation, (3) no/very low star activity, (4) excellent (>95%) ligation efficiencies after digestion, and (5) recognition site distribution surrounding the desired viewpoint(s) and the desired resolution (*see Note 4* and Fig. 2). 146  
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3. Select suitable secondary restriction enzymes based on (1) insensitivity to mammalian CpG methylation, (2) excellent (>95%) ligation efficiencies after digestion, and (3) compatibility with the primary restriction enzyme in generating a suitable fragment for inverse PCR primer design (*see Fig. 2*) (*see Note 6*). 152  
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4. Design inverse PCR primer pairs on restriction fragment ends of the viewpoint(s) of interest (*see Fig. 2*) (*see Note 10*). 157  
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#### 3.2 Crosslinking of Cells and Isolation of Nuclei

1. Collect cells or tissues; resuspend in fresh culture medium or FCS/PBS. If required (e.g., when using tissue samples), prepare a single-cell suspension by filtering through a cell strainer (*see Note 1*). 159  
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2. Determine cell concentration and further dilute the cell suspension as necessary using fresh culture medium or FCS/PBS (*see Note 11*). We prefer to crosslink cells at a  $1 \times 10^6$  cells per ml density to ensure standardized conditions (e.g.,  $10 \times 10^6$  cells in 10 ml of the medium). We have conducted successful 3C-Seq experiments using this protocol starting from  $10\text{--}20 \times 10^6$  to as little as  $1\text{--}0.5 \times 10^6$  cells [16–18]. 163  
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**Fig. 2** Primer design considerations. A hypothetical locus of interest is shown to illustrate several aspects of 3C-Seq primer design. Primary restriction enzyme (RE1) sites are scattered around the locus, determining local resolution of the 3C-Seq experiment. Viewpoint fragment length is considered optimal between 0.4 and 5.0 kb and is generally chosen to be located as close as possible (or preferably overlapping with) the specific genomic element of interest—in this case the promoter region of a chosen gene (the transcription start site is depicted as an *arrow*, exons as *vertical blue lines*). Selected viewpoint fragments are then examined for secondary restriction enzyme (RE2) sites. Primers can be designed at both the 5'- and 3'-ends of the viewpoint fragment (as delineated by the RE1 sites), as long as the final RE1–RE2 fragment is >200 bp (thus ensuring efficient self-circularization) and allows primer design near the RE1 and RE2. In the example, the 5' RE1–RE2 combination was chosen for primer design (*see magnification marked in yellow*). Sequencing is initiated from the RE1 side of the viewpoint; hence, the corresponding primer should contain an optional index and the P5 Illumina sequencing adapter as overhang. This “reading primer” should be positioned as close to the RE1 site as possible (preferably encompassing it) to ensure enough sequence read length is left for aligning the unknown interacting sequence to the genome. The design of the nonreading primer with P7 adapter overhang near the RE2 site allows for more flexibility, as sequencing is not initiated from this side. Inherent to the experimental strategy of 3C-/4C-Seq, two fragments will be amplified with a much higher frequency (also *see Fig. 3*): (1) the “undigested” fragment due to a failure to cut the RE1 site next to the reading primer (the RE1–RE2 fragment directly adjacent to the viewpoint RE1–RE2 fragment) and (2) the “self-circle” fragment due to the self-circularization of the viewpoint fragment in the first round of ligation (the RE1–RE2 fragment at the opposite end of the viewpoint fragment not used for primer design)

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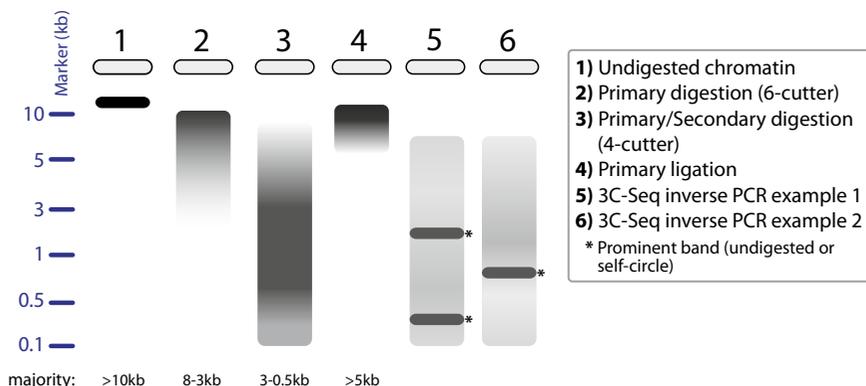
3. Add 37% formaldehyde directly to the cell suspensions to a final concentration of 1–2% (*see Note 12*). Immediately mix by inverting and incubate at room temperature for 10 min under rotation.
4. Transfer the cells to ice and add glycine to a final concentration of 0.125 M.
5. Immediately centrifuge the crosslinked cells for 8 min at  $340 \times g$  ( $4^\circ\text{C}$ ) and remove all supernatant.
6. Gently resuspend the cell pellet in 5 ml of prechilled cell lysis buffer. Incubate for 10–15 min on ice.
7. Centrifuge the mixture for 5 min at  $650 \times g$  ( $4^\circ\text{C}$ ) to pellet the nuclei.

### 3.3 Generation of the 3C Library: Digestion and Ligation

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8. Pelleted nuclei can be washed with PBS and transferred to 1.5-ml microcentrifuge tubes (e.g., as aliquots), snap-frozen in liquid N<sub>2</sub>, and stored at -80 °C for at least a year. 182-184
1. Gently resuspend the nuclei in 0.5 ml of 1.2× restriction buffer. Do not use more than 10×10<sup>6</sup> nuclei per individual reaction (*see Note 13*). 185-187
2. Place the tubes in a thermomixer at 37 °C and add 15 µl of 10% SDS (final, 0.3%). 188-189
3. Incubate at 37 °C for 1 h while shaking at 900×g. 190
4. Add 50 µl of 20% Triton X-100 (final, 2%) (*see Note 14*). 191
5. Incubate at 37 °C for 1 h while shaking at 900×g. 192
6. Remove a small (5–10 µl) aliquot from each sample and store it overnight at -20 °C. The DNA extracted from these nuclei will serve as an undigested control sample (*see steps 9 and 10*). 193-195
7. Add 400 U of the preferred restriction enzyme to the remaining sample and incubate overnight at 37 °C while shaking at 900×g (*see Note 15*). 196-198
8. Remove a small (5–10 µl) aliquot from each sample. The DNA extracted from these nuclei will determine the digestion efficiency (*see steps 9 and 10*). 199-201
9. Add 10 µl of proteinase K to the two control aliquots and add 10-mM Tris-HCl, pH 7.5 to a final volume of 100 µl. Incubate at 65 °C for 1 h to reverse formaldehyde crosslinks. 202-204
10. Directly run a 20 µl aliquot of the control samples alongside each other on a 0.6% (wt/vol) standard agarose gel. The DNA from undigested control samples should run as a discrete high molecular weight band (>12 kb), while a DNA smear should appear after a successful digestion (Fig. 3) (*see Note 16*). 205-209
11. If digestion was successful, heat-inactivate the restriction enzyme by incubating at 65 °C for 20 min. If the enzyme cannot be heat-inactivated, add 80 µl of 10% SDS (final, 1.6%) before incubating at 65 °C for 20 min. 210-213
12. Transfer the sample to a 50-ml centrifugation tube and add 6.125 ml of 1.15× ligation buffer (*see Note 17*). 214-215
13. Only if SDS was added in **step 11**, add 375 µl of 20% Triton X-100 (final, 1%) and incubate for 1 h at 37 °C in a water bath. 216-217
14. Add 100 U of T4 DNA ligase and incubate at 16 °C for 4 h or overnight. 218-219
1. Add 30 µl of proteinase K and incubate for at least 4 h (overnight is also possible) at 65 °C to de-crosslink the samples. 220-221
2. Add 30 µl of RNase A and incubate for 30–45 min at 37 °C. 222

### 3.4 De-crosslinking and DNA Purification



**Fig. 3** 3C-Seq wet-lab quality control. Artificial representation of typical DNA smears obtained after agarose gel electrophoresis during the various quality control steps of the 3C-Seq protocol (typical average sizes of the majority of DNA fragments are shown below the “gel”). Undigested chromatin (1) runs as a sharp high molecular weight band. After the first digestion (2 + 3), this sharp band should largely dissolve into a downward smear (with an average size depending on whether a 6-bp- or 4-bp-recognizing enzyme was selected). After the first ligation (4), the DNA fragment size returns upward as a compact high molecular weight smear/band. The second round of digest (3)—using a frequent 4-bp-recognizing enzyme—results again in a smear of low molecular weight fragments. The second ligation (the self-circularization step) does not result in visible DNA fragment size changes on the gel. Inverse PCR (5 + 6) typically produces a wide range of DNA fragments (representing detectable interacting fragments) that appear as a smear on the gel. Two prominent bands (the “undigested” and “self-circle” fragments, *see* Fig. 2 for an explanation of their origin) are often readily visible (5). Note that these fragments can be very small (<100 bp) and therefore they do not always appear on the gel (6)

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3. Cool the samples to room temperature and add 7 ml of phenol/chloroform/isoamyl alcohol and shake the samples vigorously.
4. Centrifuge for 15 min at  $3200 \times g$ .
5. Transfer the upper aqueous phase into a new 50-ml tube. Add 7 ml of Milli-Q  $H_2O$  and 1.5 ml of sodium acetate and add 35 ml of 100% ethanol.
6. Mix thoroughly and place the sample at  $-80^\circ C$  for 2–3 h until the liquid is frozen solid.
7. Directly centrifuge the frozen samples for 45 min at  $3200 \times g$  ( $4^\circ C$ ).
8. Remove the supernatant and add 10 ml of 70% ethanol.
9. Centrifuge the mixture for 15 min at  $3200 \times g$  ( $4^\circ C$ ).
10. Remove the supernatant, air-dry, and dissolve the pellet in 150  $\mu l$  of 10-mM Tris-HCl, pH 7.5 by incubating for 30 min at  $37^\circ C$ .
11. Determine ligation efficiency by running a small aliquot (1–5  $\mu l$ ) of 3C material on a 0.6% (wt/vol) standard agarose gel. A successful ligation should result in a significant shift of the digested DNA upward in the gel (Fig. 3) (*see* Note 18).

12. Store the 3C library at  $-20\text{ }^{\circ}\text{C}$  or proceed with the second round of digestion. If desired, quantitative PCR can be performed on the 3C library to either ensure the presence of chimeric ligation products or validate library quality by probing for a known genomic interaction (*see* **Note 19**).
 

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### 3.5 Generation of the 3C-Seq PCR Template: Digestion and Ligation

1. Digest the 3C library overnight with the selected four-base recognition restriction enzyme using 50 U of enzyme in a 500- $\mu\text{l}$  total reaction volume. Use buffers and incubation temperatures as recommended in the manufacturer's instructions.
 

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2. Remove a small aliquot (10–20  $\mu\text{l}$ ) from the reaction to assess digestion efficiency on a 1.5% (wt/vol) standard agarose gel. The high molecular weight DNA observed after the first ligation should have been digested into a smear of low molecular weight fragments (usually the majority is  $<1000\text{ bp}$ ) (Fig. 3). If digestion is suboptimal, consider repurifying the samples using a phenol–chloroform extraction (as described below) followed by an additional round of overnight digestion.
 

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3. If digestion was successful, heat-inactivate the restriction enzyme by incubating at  $65\text{ }^{\circ}\text{C}$  for 20 min. If the enzyme cannot be heat-inactivated, remove the enzyme by adding 500  $\mu\text{l}$  of phenol/chloroform/isoamyl alcohol. Shake vigorously and centrifuge for 15 min at  $16,100\times g$ . Transfer the aqueous phase to a new tube and add 2  $\mu\text{l}$  of glycogen, 50  $\mu\text{l}$  of sodium acetate, and 850  $\mu\text{l}$  of 100% ethanol. Mix thoroughly, place the sample at  $-80\text{ }^{\circ}\text{C}$  until frozen solid, and directly centrifuge the frozen samples for 20 min at  $16,100\times g$  ( $4\text{ }^{\circ}\text{C}$ ). Wash the pellet once with 70% ethanol, air-dry, and dissolve in 500  $\mu\text{l}$  of 10-mM Tris–HCl, pH 7.5.
 

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4. Transfer the sample to a 50-ml centrifugation tube. Add 1.4 ml  $10\times$  ligation buffer, 200 U of T4 DNA ligase, and water up to 14 ml. Incubate at  $16\text{ }^{\circ}\text{C}$  for 4 h or overnight (*see* **Note 20**).
 

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### 3.6 DNA Purification, PCR Amplification, and 3C-Seq Library Preparation

1. To the 14-ml ligation sample, directly add 14- $\mu\text{l}$  glycogen and a 1/10 volume of sodium acetate, mix the contents, and add 35 ml of 100% ethanol (*see* **Note 21**).
 

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2. Place the tubes at  $-80\text{ }^{\circ}\text{C}$  for 2–3 h until the liquid is frozen solid.
 

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3. Directly centrifuge the frozen samples for 45 min at  $3200\times g$  ( $4\text{ }^{\circ}\text{C}$ ).
 

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4. Remove the supernatant and add 10 ml of 70% ethanol.
 

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5. Centrifuge the mixture for 15 min at  $3200\times g$  ( $4\text{ }^{\circ}\text{C}$ ).
 

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6. Remove the supernatant, air-dry, and dissolve the pellet in 150  $\mu\text{l}$  of 10-mM Tris–HCl, pH 7.5 by incubating for 30 min at  $37\text{ }^{\circ}\text{C}$ .
 

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7. Purify the DNA using a spin column-based DNA purification kit (QIAquick gel or PCR purification kits work well in our hands) according to the manufacturer's recommendations. Realize that most columns used in such kits have a maximum binding capacity of 10–20 µg of DNA. Use one column when working with  $1-2 \times 10^6$  cells, increase the number of columns to two ( $2-5 \times 10^6$  cells) or three ( $5-10 \times 10^6$  cells) as more cells are used at the start of the protocol.
  8. Estimate the DNA concentration of the resulting “3C-Seq PCR template” sample using spectrophotometric (e.g., Nanodrop) or fluorometric (e.g., Qubit) measurements.
  9. Store the 3C-Seq PCR template at  $-20\text{ }^\circ\text{C}$  or proceed with inverse PCR.
  10. PCR primer sets designed in Subheading 3.1 can now be tested on dilution series of the 3C-Seq PCR template. Ensure that primer pairs yield reproducible fragment smears and amplify in a linear fashion (*see* Note 22 and Fig. 3).
  11. After assessing primer pair quality, perform several PCR reactions (we generally amplify the equivalent of 500–1000-ng input DNA per bait fragment, using the Roche Expand Long Template PCR System) using PCR primers containing Illumina P5/P7 adapters as overhang. The PCR reaction setup and program are indicated below. Ensure that the amount of input 3C-Seq PCR template used allows for a linear and reproducible PCR reaction. We generally do not exceed 200 ng of input material.

311 *PCR reaction mix*

- 312 5 µl of 1× buffer I  
313 1 µl of 10 mM dNTPs  
314 25-pmol forward primer  
315 25-pmol reverse primer  
316 0.75-µl polymerase mix (5 U/µl)  
317 25–200 ng of 3C-Seq PCR template  
318 H<sub>2</sub>O up to 50 µl.

319 *PCR program*

- 320 94 °C—2 min  
321 30 cycles: 94 °C, 15 s; [primer-specific T<sub>m</sub>] °C, 1 min; 68 °C, 3 min  
322 68 °C—7 min

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12. Verify PCR success by analyzing a small aliquot (5–10 µl) of each reaction on a 1.5% (wt/vol) standard agarose gel (Fig. 3).
  13. Pool all successful reactions from the same bait fragment and purify the DNA using the High Pure PCR Product Purification kit or AMPure XP beads (*see* Note 23). Elute the columns/beads with 40 µl of elution buffer.

14. Verify the purification procedure success by running a 5- $\mu$ l aliquot on a 1.5% (wt/vol) standard agarose gel and measuring sample purity using spectrophotometric measurements. We adhere to similar guidelines as those published by van de Werken et al. [19], with  $A_{260}/A_{280}$  values between 1.8 and 2.0 and  $A_{260}/A_{230}$  values  $>1.5$  considered compatible with Illumina sequencing procedures. Also ensure that primer dimers (70–120 bp) have been successfully removed.
15. 3C-Seq libraries can be stored at  $-20^{\circ}\text{C}$  for at least 6 months and can be directly sequenced using Illumina high-throughput sequencing equipment (*see* Note 24).

### 3.7 High-Throughput Sequencing

1. Estimating the average fragment size of 3C-Seq libraries can be challenging. We quantify the average fragment size of the individual 3C-Seq libraries on an Agilent Bioanalyzer (ensure that the cartridge and kit used allow detection of DNA fragments up to 4 kb). If PCR smears show one or two dominant fragments, this size (or the average of the two) is generally a good approximation. Otherwise, a “smear analysis” quantification using the Bioanalyzer software provides a reliable size estimate.
2. Quantify 3C-Seq library DNA concentrations using a reliable library quantification strategy. We have successfully used Bioanalyzer, Qubit, and quantitative PCR (i.e., KAPA Library Quantification Kit) strategies.
3. Determine DNA molarities of the individual 3C-Seq libraries using the average size estimate and DNA concentration values. The following formula can be used: (library concentration [in  $\text{ng}/\mu\text{l}] \times 10^6) / (650 \text{ D} \times \text{library size [in bp]}) = \text{nM 3C-Seq library}$ .
4. Create different pools of multiple 3C-Seq libraries for Illumina sequencing by pooling equimolar amounts of individual libraries in a single tube (*see* Note 25).
5. Proceed with single-read sequencing as described by the manufacturer. Depending on the primer design, either a 50- or 100-bp read length is sufficient for accurate alignment of the reads (*see* Note 10). To enable custom de-multiplexing using the viewpoint primer at the beginning of the 3C-/4C-Seq sequence reads, do not specify the “I7\_index\_ID” and “index” columns in the SampleSheet.csv loaded upon starting the sequencer.

### 3.8 Primary Data Analysis

1. Proceed with standard sequencing data processing methods from Illumina (*bcl2fastq*) to retrieve the reads in FastQ format. After this procedure, all data will be located (by default) in the data run folder, in the Data/Intensities/BaseCalls/subfolder, organized as one gzipped FastQ file per lane.
 

```
> bcl2fastq --runfolder-dir /path/to/run-
      folder/
```

```

373 > cd /path/to/runfolder/Data/Intensities/
374 BaseCalls; gunzip *.fastq.gz
375
376 2. Obtain the reads from the samples by matching the 5'-ends to
377 the viewpoint sequence (see Note 27).
378 > demultiplex.py -i allreads.fastq -s view-
379 point_sequence -o sample.fastq
380
381 3. Next, remove the viewpoint and the restriction site from the
382 5'-end of the reads to keep only the interacting target sequence.
383 The remaining sequence should be trimmed to a fixed length
384 from the 3'-end of the read. Differences in read length between
385 different viewpoints can introduce variation between experi-
386 ments and should thus be avoided. In our experience 36 base-
387 pair reads yield good mappability and high sensitivity to a wide
388 size range of restriction fragments.
389 > subsection.py -i sample.fastq \
390 -o infile.fastq \
391 -s length_of_viewpoint_plus_restric-
392 tion_site \
393 -e length_of_viewpoint_plus_restric-
394 tion_site+36
395
396 4. Check for the presence of primary restriction enzyme recogni-
397 tion sites in the reads. Restriction sites can sometimes be absent
398 from a subset of the reads, which is likely due to unexpected
399 endonuclease activity and/or PCR artifacts. To check for such
400 issues, the bases comprising the restriction site are extracted
401 from the reads, and the percentage of reads containing the
402 expected restriction site is determined.
403 > subsection.py -i sample.fastq \
404 -o sites.txt \
405 -s length_of_viewpoint \
406 -e length_of_viewpoint+6 \
407 --table
408 > cut -f 2 sites.txt | sort | uniq -c | sort
409 -nr>sites.cnt
410 > grep -e recognition_sequence sites.cnt
411
412 As a rule of thumb, over 90% of the reads should contain the
413 primary restriction enzyme site.
414
415 5. Align the trimmed reads to the reference genome with Bowtie
416 [14] (see Note 28).
417 > bowtie -qS -l 32 -n 2 -p 4 --best -m 1 /
418 path/to/genome/index \
419 infile.fastq>infile.sam 2>bowtie.error.log
420 > samtools view -Sb infile.sam>infile.bam
421 > samtools sort infile.bam infile.srt
422 > samtools index infile.srt.bam

```

6. Convert the BAM files into BEDgraph files for visualization and quality control (*see Note 29*). 418  
 419  
 > echo 'track type=bedGraph name=\$\* 420  
 visibility=full'>infile.cvrg.bedgraph 421  
 > bedtools genomecov -ibam infile.srt.bam 422  
 >>infile.cvrg.bedgraph 423

### 3.9 Downstream Data Analysis

1. Generate a restriction map from the target genome. 424  
 > findSequence.py -f genome.fasta -s recog- 425  
 nition\_sequence -b occurrences.bed 426  
 > regionsBetween.py -I occurrences.bed -s 427  
 chromsizes.txt -o regions.bed 428  
 > bedtools sort -I regions.bed>regions.srt. 429  
 bed 430

2. Count the number of reads per restriction fragment. 431  
 > alignCounter.py -b infile.srt.bam -r re- 432  
 gions.srt.bed -o infile.table 433

3. Convert the tables to BEDgraph files for visualization in genome browsers. 434  
 435  
 > echo 'track type=bedGraph name=\$\* 436  
 visibility=full'>infile.bedgraph 437  
 > gawk '/[^\#]/{if(\$4>0) print \$1 "\t" \$2 438  
 "\t" \$3 "\t" \$4;}' \ 439  
 infile.table >>infile.bedgraph 440

4. (*Optional*) Convert the BEDgraph files to .tdf files for viewing in the IGV genome browser. IGV can also perform this indexing upon loading BEDgraph files. 441  
 442  
 > java -Xmx2g -Djava.awt.headless=true -jar 444  
 igvtools.jar \ 445  
 -f median,mean,max -z 10 infile.bedgraph 446  
 file.tdf genome-name 447

5. Verify 3C-Seq library quality by examining several important parameters. First and foremost, the vast majority (>50%) of reads should map back to the cis-chromosome, clearly clustering in close proximity (i.e., within 1 Mb) of the viewpoint. Read count percentages on the viewpoint fragment itself and the fragment directly adjacent to the location of the reading primer (the “self-circle” and “undigested” prominent signals, respectively; *see Figs. 2 and 3*) are informative for assessing crosslinking and digestion efficiencies. Van de Werken et al. [19] provide excellent information on 3C-/4C-Seq library quality control parameters. 448  
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6. Normalization, in-depth statistical analysis, and visualization of 3C-/4C-Seq data can be performed using several existing software packages. 3C/4C data analysis is usually performed using either a restriction fragment-based approach or a window-based approach. Using the restriction fragment-based 459  
 460  
 461  
 462  
 463

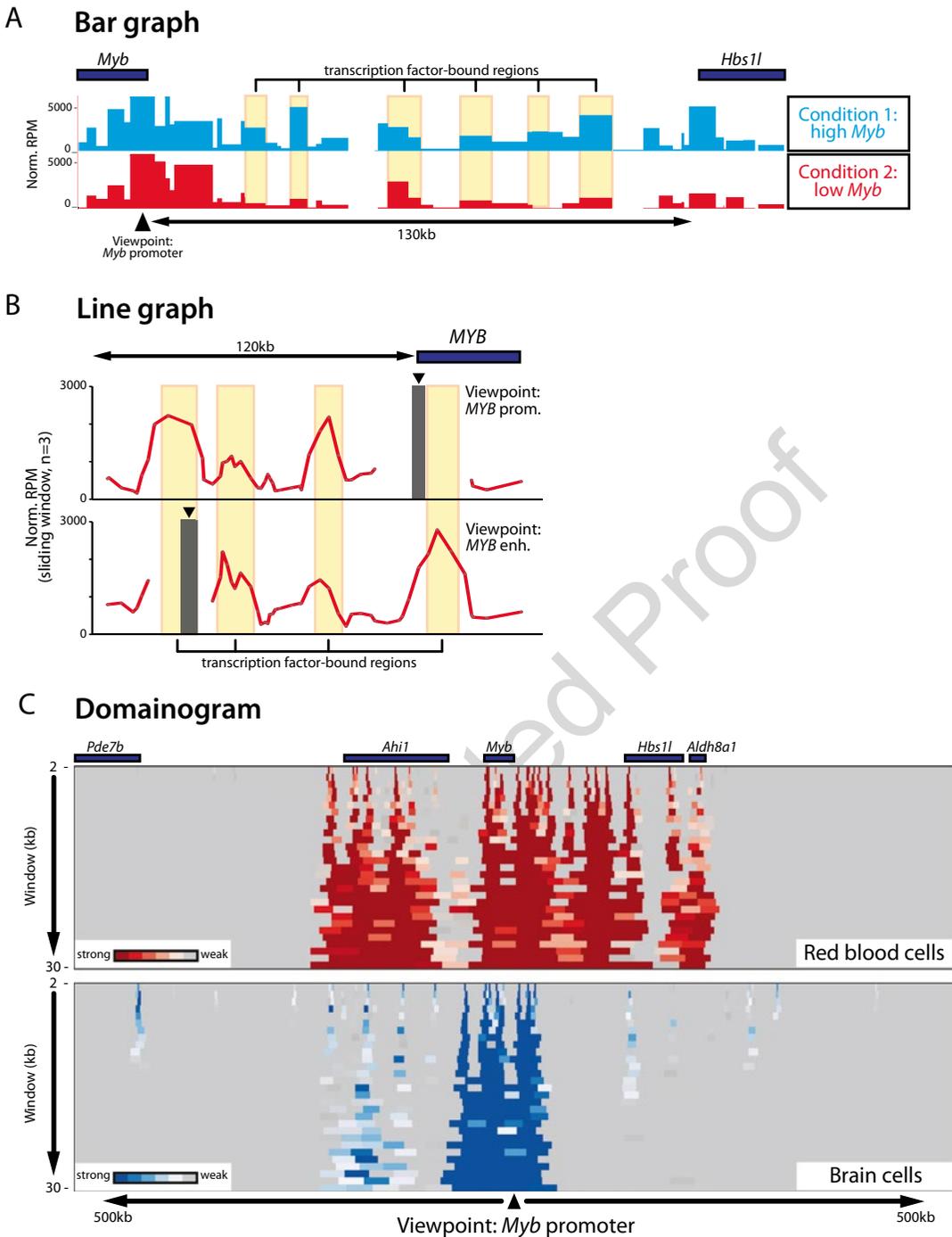
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approaches, the reference genome is digested with the restriction enzyme in silico (*see step 1* above). These restriction fragments are then assigned a score based on the number of reads aligning to that fragment (*see step 2* above). In window-based approaches, sequencing read enrichments are determined per chosen genomic interval (i.e., a 20-kb window). Restriction fragment-based approaches normally yield bar and line graphs as a standard visual output (Fig. 4a, b). Window-based approaches are often represented using smoothed line graphs and “domainograms” (Fig. 4b, c). Below, we briefly describe the main 3C-/4C-Seq analysis software packages currently available.

- (a) *r3Cseq* [20] is a Bioconductor package available for the R statistical software environment. The package performs data normalization, identifies statistically significant interactions (within and between experimental datasets), and provides several options for data visualization. The package uses BAM alignment files to count the number of reads per restriction fragment. These are then normalized using a reverse-cumulative fitting procedure in which the area around the viewpoint is not considered. Significant interactions are detected by comparing the observed read counts per fragment to those of a smoothed background signal. Biological replicates are combined using Fisher’s combined probability test. *r3Cseq* creates restriction fragment bar graphs, log<sub>2</sub> fold change comparison tracks, line plots, and domainograms.
- (b) *Basic4Cseq* [21] is another Bioconductor package available in R. This software is focused on data visualization, but does provide data smoothing and a basic “reads-per-million” normalization function. *Basic4Cseq* visualizes the raw and normalized data per restriction fragment across the genome and creates running mean and median plots for varying window sizes. Data can be exported in either the .csv or .wig formats for downstream processing using other tools.
- (c) *fourSig* [22] is a command-line tool written in Perl and R. It performs a per restriction fragment analysis, but also features a novel statistical approach to determine significant interactions with greater confidence (“interaction prioritization”).

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**Fig. 4** (continued) frequent interactions between transcription factor-bound regions and the *MYB* promoter. Panel **c** displays 3C-Seq data as a so-called domainogram generated using *r3CSeq* software [20], in which an increasing window size (2–30 kb resolution) is used to identify broader regions of high interaction frequency. Two conditions (red blood cell progenitors and brain cells) were analyzed. Note how certain regions in the *Myb* locus display strong tissue-specific interactions with the *Myb* promoter. Many of the red blood cell-specific interactions contain transcription factor-bound enhancer regions, in agreement with the much higher *Myb* expression levels in these cells. Data were taken from Stadhouders et al. [5, 16]



**Fig. 4** Examples of 3C-Seq data visualization. 3C-Seq data can be displayed using different strategies. In the different examples shown, the mouse (panels **a** and **c**) or human (panel **b**) *Myb*/*MYB* promoter was used as a viewpoint in order to detect genomic regions in the near vicinity interacting with the gene. Panel **a** shows a standard bar graph representation, with each individual bar representing the (normalized) number of sequences retrieved from that particular restriction fragment—a measure for the interaction frequency between that fragment and the viewpoint. Two conditions (red blood cell progenitors and differentiating red blood cells) were analyzed. Note that interactions between the *Myb* promoter and transcription factor-bound intergenic regions (marked in *yellow*) are lost upon differentiation. Panel **b** depicts 3C-Seq data as a line graph, again highlighting

503 In terms of visualization, fourSig employs restriction frag-  
504 ment read count files for genome browser visualization.

505 (d) *4Cseqpipe* [23] software is a complete analysis package that  
506 not only performs data normalization and visualization  
507 but also includes a specific 4C-specific aligner that matches  
508 reads with the theoretical restriction fragments in the  
509 genome. The processed data is visualized in several ways,  
510 including high-resolution domainograms and genome-  
511 wide ideograms.

512 (e) *FourCSeq* [24] is an R package that uses a variance-stabiliz-  
513 ing transformation and a trend-fitting approach for  
514 advanced data normalization. Statistically significant inter-  
515 actions above the expected background trend can be com-  
516 pared between experimental conditions, resulting in line  
517 graphs and log<sub>2</sub> fold change comparison tracks that high-  
518 light significantly different interactions.

---

#### 519 4 Notes

520 1. Any mammalian cell is in principle suitable for 3C-Seq analy-  
521 ses. To ensure equivalent formaldehyde exposure (and thus  
522 comparable crosslinking efficiencies) among individual cells  
523 and between different cell types, it is highly desirable to obtain  
524 single-cell suspensions before crosslinking. Especially when  
525 using tissue samples, the use of cell strainers and even collag-  
526 enase treatment should be considered.

527 2. Typically, formaldehyde used in 3C (and many other biochem-  
528 ical assays, such as chromatin immunoprecipitation) comes  
529 from 37% formaldehyde stocks that contain 10–15% methanol  
530 as a stabilizing agent. Although suitable for 3C-based tech-  
531 nologies, one should realize that over time these formaldehyde  
532 stocks are subjected to polymerization and oxidation. We con-  
533 sider the maximum shelf life of a 37% formaldehyde bottle to  
534 be 6 months after opening. Alternatively, one could use single-  
535 use ampules of (methanol-free) formaldehyde.

536 3. The recipe used here has not changed since the original publi-  
537 cation of 3C by Dekker et al. [25], and it remains the most  
538 common lysis buffer for 3C-based approaches. It allows for (a  
539 partial) extraction of nuclei under mild conditions. As efficient  
540 lysis is considered important for allowing the restriction  
541 enzyme access to the chromatin, other lysis buffers as well as  
542 the use of a douncer have been employed (i.e., in Splinter et al.  
543 [10]) to increase lysis efficiency. Nevertheless, one should  
544 strive to be as gentle as possible considering that relevant chro-  
545 matin co-associations originate from intact nuclei [26, 27]. In  
546 our hands, cell lysis is often poor using only the original 3C

- lysis buffer. This is usually not problematic, as SDS addition (0.25–0.5%) in the subsequent steps prior to digestion often efficiently lyses the cell membrane while keeping crosslinked nuclei intact. Nevertheless, some cell types are resistant to lysis (even in the presence of SDS), and it is therefore important to monitor cell lysis during the first phase of the procedure to obtain high digestion efficiencies.
4. As described in Subheading 3.1 (step 2), primary restriction enzyme choice is primarily determined by general performance under 3C conditions, sensitivity to CpG methylation, and ligation efficiencies of the resulting fragment ends. Other important parameters are recognition site distribution around the viewpoint of choice, as well compatibility with the second restriction enzyme (*see* Fig. 2 and its legend for a detailed example).
  5. When diluting the nuclei as traditionally done in 3C-based protocols, large quantities of T4 DNA ligation buffer are used. We routinely produce our own ligation buffer using the manufacturer's standard recipe, which is stored at  $-20^{\circ}\text{C}$  as single-use aliquots.
  6. The second restriction enzyme digestion is not performed on crosslinked chromatin under the somewhat harsh 3C conditions. Therefore, any 4-bp-recognizing restriction enzyme insensitive to CpG methylation leaving fragment ends with high ligation efficiencies can be used. Important is to ensure that the secondary restriction enzyme cuts the viewpoint fragment while creating a DNA fragment suitable for self-circularization in the second ligation ( $>200$  bp) and inverse PCR primer design (*see* Fig. 2 and its legend for a detailed example).
  7. After two rounds of digestion–ligation, 3C-Seq PCR template samples remain contaminated with impurities that could potentially affect the inverse PCR. Standard spin column-based DNA purification kits improve sample purity, although in our hands the persistence of suboptimal 260/280 absorbance ratios does not influence PCR efficiency and linearity under the conditions described in Subheading 3.6.
  8. Final 3C-Seq library purification can be performed using spin column-based DNA purification kits or AMPure XP beads. Important at this step is to remove as much unused primer and primer dimer as possible, which resides in the  $<100$ – $120$ -nt range. Substantial amounts of remaining primer dimers will negatively affect sequencing yield and quality. The Roche High Pure PCR Product Purification kit suggested by Splinter et al. [10] performs well in separating informative PCR product from primers and primer dimers.
  9. 3C-Seq libraries have a broad size range (120 bp to  $>3$  kb, *see* Fig. 3), which should be taken into account when choosing Agilent Bioanalyzer cartridges for quantification.

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10. Standard primer design guidelines (for, i.e., length, %GC, annealing temperature, and secondary structures) can be followed. Critical is to position the reading primer—located near the primary restriction enzyme site—as close to the enzyme recognition site as possible, preferably on top (Fig. 2). As single-read sequencing commences from this side only, any extra sequence in between the primer and the primary restriction site will lower the number of nucleotides available for mapping sequences stemming from unknown interaction fragments to the genome (*see* Fig. 2 and Subheading 3.8). The design of the primer near the secondary restriction site allows for more flexibility (within  $\pm 100$  bp of the enzyme recognition site, *see* Fig. 2), as sequencing is not initiated from this site. Ensure that PCR primers used to construct the final 3C-Seq libraries contain the appropriate P5 and P7 Illumina adapters as overhang: place the P5/P7 sequence directly upstream of the annealing part. Short 3–6-nt barcodes can be placed in between the P5 adapter, and annealing part of the reading primer if multiplexing of libraries generated with the same viewpoint PCR primers is desired. Adapter sequences: P5: 5'-AATGATACGGCGACCACCGAACAACACTCTTCCCTACACGACGCTCTCCGATCT-3'; P7: 5'-CAAGCAGAAGACGGCATACGA-3'.
  11. Formaldehyde crosslinking efficiency is influenced by temperature. Ensure that solutions in which cells are crosslinked are at room temperature.
  12. Published 3C-based protocols typically employ a 1–2% range of final formaldehyde concentration when crosslinking mammalian cells. Although only few systematic comparisons have been published (especially when using mammalian cells), variations in % formaldehyde within this range appear to have little influence on experimental outcome. It should be noted that higher formaldehyde concentrations can reduce digestion efficiencies [28].
  13. Using more than  $10 \times 10^6$  cells as starting material can promote the formation of nuclear aggregates. This phenomenon is very cell type specific and seems to correlate with cell size. Some aggregation is normal and not detrimental, but excessive clumping can severely reduce digestion efficiencies and should be avoided. In our hands, the best solution to reduce aggregation is to start with lower numbers of cells.
  14. Increasing Triton X-100 concentrations (as suggested by Splinter et al. [10] and van De Werken et al. [19]) might augment SDS quenching and further improve digestion efficiency.
  15. Restriction enzymes are known to vary with respect to their ability to remain active during prolonged incubation times. In case a primary restriction enzyme is used with reported low survivability, multiple separate and/or extra enzyme additions can improve digestion efficiency.

16. Digestion efficiencies can also be quantified more accurately using quantitative PCR analysis (qPCR) employing primer sets that span restriction sites. One should strive for >70% overall digestion efficiencies.
17. This protocol still contains the traditional extreme dilution of the first 3C ligation initially implemented to favor intramolecular ligation and to minimize random ligation events. Although not detrimental, the benefit of ligating crosslinked chromatin under such dilute conditions is now considered obsolete [26, 27]. Therefore, primary 3C ligations can also be performed in smaller volumes (e.g., as described in Rao et al. [27]).
18. Bear in mind that average DNA fragment sizes after primary ligation differ depending on whether a 6-bp- or 4-bp-recognizing restriction enzyme was used: ligations after digestion with the latter type of enzyme tend to produce a less sharp high molecular weight band.
19. At this point, the 3C library can be subjected to quantitative interaction analysis using qPCR. Both SYBR Green and TaqMan probe approaches can be used to quantify interactions in a one-versus-one manner. This can be extremely useful when verifying key interactions identified using more high-throughput methodologies such as 3C-/4C-Seq. Important considerations for such 3C-(q)PCR assays have been described elsewhere [29].
20. In contrast to the primary ligation step (also *see* Note 17), the second ligation (specific for 3C-/4C-Seq protocols) needs to be performed under extremely diluted conditions to strictly promote self-circularization of individual fragments and to prevent random ligations between DNA molecules in the solution.
21. Traditionally, 3C-based protocols include several phenol/chloroform purifications steps. In the original 4C-/3C-Seq protocols [11, 30], ligation products at this stage were first purified by a phenol/chloroform/isoamyl alcohol extraction, immediately followed by ethanol precipitation and spin column-based purification. To prevent additional loss of material when working with low numbers of cells, we now omit the phenol/chloroform extraction and immediately continue with the ethanol precipitation.
22. A standard setup for testing 3C-Seq PCR primers involves running a duplicate series of PCR reactions (using the reaction setup and program described in **step 11** of Subheading 3.6) using 25, 50, and 100 ng of 3C-Seq PCR library input DNA. DNA smears are visualized on a 1.5% standard agarose gel to determine reproducibility and linearity. Another hallmark of a successful 3C-Seq PCR is the appearance of two “prominent” bands representing self-circularization of the viewpoint fragment and ligation of the viewpoint fragment to

- 686 the adjacent fragment when digestion of the primary restric-  
687 tion site was not achieved (Figs. 2 and 3). Both these events  
688 are much more prominent than other interactions, hence their  
689 abundance in 3C-/4C-Seq libraries. The size of the expected  
690 prominent bands can be easily estimated (Fig. 2). Note that  
691 these fragments can be very short and therefore not compati-  
692 ble with self-circularization, or they can simply not be visual-  
693 ized on a 1.5 % agarose gel.
- 694 23. One column is sufficient when using the High Pure PCR  
695 Product Purification kit.
  - 696 24. The P5/P7 single-read Illumina sequencing adapters used in  
697 this protocol (*see* **Note 10** and Stadhouders et al. [11]) are not  
698 compatible with MiSeq and NextSeq sequencing machines and  
699 should be sequenced on HiSeq or GA instruments. If sequenc-  
700 ing on MiSeq/NextSeq machines is desired, the P5/P7  
701 sequences described here should be swapped for adapter  
702 sequences appropriate for these instruments.
  - 703 25. Important to realize is that Illumina sequencing instruments  
704 use the first four bases to recognize DNA clusters on the flow-  
705 cell. Especially when reading these first four bases, nucleotide  
706 complexity needs to be high—too little variation and base call-  
707 ing will be compromised—leading to reduced sequence yields.  
708 As 3C-/4C-Seq libraries consist of amplicons all starting with  
709 the same sequence (the viewpoint-specific primer), pools of dif-  
710 ferent (>6) 3C-Seq libraries (either using different viewpoint  
711 PCR primers or different barcodes placed upstream of the view-  
712 point-specific reading primer sequence) have to be sequenced  
713 together in a single lane to create enough sequence diversity.  
714 Alternatively, one could combine 3C-Seq libraries with other  
715 samples not suffering from these diversity issues (e.g., RNA-  
716 Seq, ChIP-Seq samples, or a PhiX sequencing control sample).
  - 717 26. All analysis software has been tested on Red Hat Enterprise  
718 Linux Server release 6.4 (Santiago), but should work on any  
719 Linux distribution.
  - 720 27. In most situations, reads can be assigned to specific samples  
721 based on the first ten bases. Using more bases may cause data  
722 yield to suffer as sequence errors accumulate across the reads.  
723 Using fewer bases (down to six) is possible when the number  
724 of viewpoints is small and their sequences differ at the 5'-end.
  - 725 28. Bowtie does not align reads with insertions or deletions, but  
726 this is generally not an issue in 3C-/4C-Seq data analysis. If  
727 insertions and deletions need to be taken into account, BWA  
728 [31] can be used.
  - 729 29. BAM files can in principle be viewed in genome browsers  
730 directly, but the large numbers of reads present near the view-  
731 point location prevent efficient visualization on most personal

computers. BEDgraph files only contain the read–depth per genome position and thus allow 3C-Seq data to be rapidly viewed on any standard personal computer. We regularly use the standalone application IGV (*see* software list) or the web-based UCSC genome browser (<https://genome.ucsc.edu/>), although any genome viewer can be used.

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