Histone deacetylases inhibitor Trichostatin A reverses anxiety-like symptoms and memory impairments induced by maternal binge alcohol drinking in mice.

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Abbreviations

BDNF: brain-derived neurotrophic factor

CREB: cyclic adenosine monophosphate response element binding protein

DCX: doublecortin

DG: dentate gyrus

DI: discrimination index

DID: drinking in the dark

EPM: elevated plus maze

FASD: foetal alcohol spectrum disorders

GD: gestational day

HAT: histone acetyltransferases

HDAC: histone deacetylases

HPC: hippocampus

NOR: novel object recognition test

PAE: prenatal alcohol exposure

PD: postnatal day

PFC: prefrontal cortex

PLAE: prenatal and lactation alcohol exposure

RAM: radial arm maze

TrkB: tropomyosin receptor kinase B

TSA: trichostatin A

Highlights

- PLAE mice augmented anxiogenic-like responses and memory deterioration.
- PLAE effects were partially reversed with Trichostatin A treatment.
- Molecular alterations may be associated with the behavioural impairments caused by alcohol exposure.
- HDAC enzymes could be participating in anxiety-like symptoms and memory alterations induced by PLAE.

Abstract

Background

Alcohol exposure during development has detrimental effects including a wide range of physical, cognitive and neurobehavioural anomalies known as foetal alcohol spectrum disorders. However, alcohol consumption among pregnant woman is an ongoing latent health problem.

Aim

In the present study the effects of Trichostatin A on emotional and cognitive impairments caused by prenatal and lactational alcohol exposure were assessed. Trichostatin A is an inhibitor of Class I and II histone deacetylases enzymes (HDAC) and, for that, HDAC4 activity was determined. We also evaluated mechanisms underlying the behavioural effects observed, including the brain-derived neurotrophic factor (BDNF) expression in discrete brain regions, and newly differentiated neurons in the dentate gyrus.

Methods

C57BL/6 female pregnant mice were used with limited access to a 20% v/v alcohol solution, as a procedure to model binge alcohol drinking during gestation and lactational periods. Male offspring were treated with Trichostatin A during the postnatal days (PD28-35) and behaviourally evaluated (PD36-55).

Results

Early alcohol exposure mice presented increased anxiogenic-like responses and memory deterioration, effects that were partially reversed with Trichostatin A. Early alcohol exposure produces a decrease in BDNF levels in the hippocampus and prefrontal cortex, a reduction of neurogenesis in the dentate gyrus, and an increased activity levels of the HDAC4 in the hippocampus.

Conclusions

Such findings support the participation of HDAC enzymes in cognitive and emotional alterations induced by binge alcohol consumption during gestation and lactational periods and

would indicate potential benefits of HDAC inhibitors for some aspects of foetal alcohol spectrum disorders.

Key words

Alcohol exposure, prenatal, cognition, HDAC enzymes, plasticity.

Declaration of Conflicting Interests

The authors declare that there is no conflict of interest.

Introduction

In western countries, alcohol is the most commonly consumed drug, frequently used by adolescents and young adults, even during pregnancy, due to a lack of risk perception (EMCDDA, 2018). Its consumption among pregnant women has increased in the past years (Tsang and Elliott, 2017) and may lead to birth defects including a wide range of long-lasting physical and neurobehavioural anomalies known as foetal alcohol spectrum disorders (FASD) (Crews and Nixon, 2008; Flak et al., 2014; Roozen et al., 2016). Different studies based on physical examinations estimate that the full range of FASDs in the United States and some western European countries might number as high as 1 to 5 per 100 school children (or 1% to 5% of the population) (May et al., 2009; 2014; 2018).

Preclinical studies have consistently established that prenatal alcohol exposure (PAE) caused adverse effects on the development of different brain structures (Guerri et al., 2009; Rojas-Mayorquín et al., 2016; Eberhart and Parnell, 2016; Marquardt and Brigman, 2016). Additionally, PAE has an impact in the development of the central nervous system disrupting cell interactions, modifying the expression of genes and affecting neurogenesis, myelination and innate immune responses in animal models (Reynolds et al., 2011; Riley et al., 2011; Schneider et al., 2011; Cantacorps et al., 2017; Pascual et al., 2018). The effects produced by PAE on the brain are associated with neuropsychological and cognitive deficits in attention, spatial and visual processing, executive functioning, language and memory (Mattson et al., 2011; Allan et al., 2014, Marquardt et al., 2014; Comeau et al., 2015; Marquardt and Brigman, 2016), and altered responsiveness to stressors (reviewed in Hellemans et al., 2010). Furthermore, in rodents, alcohol exposure also during the early postnatal development (lactational period) induces persistent neurobiological alterations including anxiety-related behaviour and changes in locomotion and motivation (Cantacorps et al., 2017; 2018). Indeed, children whose mothers consumed alcohol reported a variety of cognitive defects, such as impaired social interaction, altered attention and hyperactivity (Clarke and Gibbard, 2003). Together, such data suggest a multifaceted residual “footprint” of neurodevelopmental alcohol exposure that could be relevant for the identification of mechanisms underlying the life-long persistence of FASD (Guerri et al., 2009; Kleiber et al., 2012).

Recent studies have elucidated that alcohol is capable of acting through epigenetic-mediated mechanisms (Agudelo et al., 2016; Mandal et al., 2017). In the nervous system, one of the best characterized histone modifications is the acetylation of N-terminal lysine residues that shifts the conformation of the chromatin into a relaxed state, leading to gene transcription (Renthal

et al., 2009). HDACs are enzymes that may influence the activities of histone acetyltransferases (HATs) in chromatin remodelling and thereby, play an essential role in gene transcription to regulate cell proliferation, migration, apoptosis, angiogenesis, etc. (Wang et al. 2012; Li and Seto, 2016; Chater-Diehl et al., 2017). Targeting HDACs, using HDAC inhibitors results in neuroprotection, anti-inflammatory and neuro-regenerative effects (Xu et al. 2011; Harrison and Dexter 2013). Therefore, such enzymes have been proposed as potential therapeutic targets for the cognitive deterioration associated with aging and neurodegenerative diseases, and seem to improve the symptoms of various mental diseases, such as posttraumatic stress or depression (Matsumoto et al., 2013; Deussing and Jakovcevski, 2017).

In animal models, several HDAC inhibitors improved performance in tests related to cognitive abilities (fear conditioning, novel object recognition, food preference, and spatial memory tasks) (Bredy et al., 2008; McQuown et al., 2011). Trichostatin A (TSA) is a substance that inhibits both class I and class II HDAC enzymes (Cantley et al., 2017), shifting the balance towards the active transcription of neuronal genes and the amelioration of plasticity and cognitive deficits (Abel and Zukin, 2008). TSA treatment enhanced contextual and cued fear memory, in addition to memory reconsolidation in rodents (Gräff et al., 2013a; Zhong et al., 2015). Furthermore, it reduced alcohol-induced oxidative stress (Agudelo et al., 2011) and lowered alcohol-induced anxiety and alcohol intake by inhibiting HDAC activity (Legastelois et al., 2017). Other studies have also shown acetylation changes associated with the transcription factors involved in learning and memory functions, such as the cyclic adenosine monophosphate response element binding protein (CREB) (Barrett and Wood, 2008; Koshibu et al., 2009). Extracellular-signal-regulated kinase pathway and CREB activation stimulate the expression of BDNF (Barco et al., 2002; Bramham and Messaoudi, 2005). BDNF is one of the most important neurotrophins, activating a range of second messenger pathways that support cell survival, differentiation, synaptic strength and plasticity, and dendritic out-growth (Jia et al., 2008; Minichiello, 2009; Park and Poo, 2013; Kowiański et al., 2017). Alcohol exposure alters CREB function (Dong et al., 2014; Zhang et al., 2018) and BDNF expression (Tapocik et al., 2014; Logrip et al., 2015; Pandey et al., 2015). Moreover, withdrawal from chronic alcohol induced a reduction of BDNF in the central amygdala of rodents, which could be associated with a decrease in MAP kinases, together with a reduction of CREB phosphorylation in this brain structure (Moonat et al., 2010; Kyzar and Pandey, 2015).

In our study, we aimed to assess the effects of a pharmacological treatment involving inhibitors of the HDAC enzymes (TSA) on anxiety-related behaviour alterations, locomotor

activity changes and memory impairments caused by PLAE. Furthermore, we evaluated the mechanisms underlying the behavioural effects observed by analysing molecular factors related to plasticity (pCREB/CREB and BDNF/Tropomyosin receptor kinase B (TrkB) expression) in the hippocampus (HPC) and the prefrontal cortex (PFC), brain areas involved in the processing of the assessed cognitive function and, newly differentiated neuron progenitors in the DG. HDAC4 activity was also determined due to its implication in cognition.

Materials and methods

Animals

10 to 12-week old male and female C57BL/6 inbred mice (Charles River, Barcelona, Spain) were delivered to our animal facility (UBIOMEX, PRBB) to be used as breeders. Mice were housed in couples within standard cages, in controlled laboratory conditions at a stable temperature of 21 ± 1 °C and $55 \pm 10\%$ humidity. The mice were allowed to acclimatize to the new environmental conditions for at least 1 week prior to experimentation. All tests took place during the first few hours of the dark phase of a reversed light/dark cycle (lights off at 08:00 h and on at 20:00 h). Following successful mating, pregnant females (N=30) were observed daily for parturition. For each litter, the date of birth was designated as postnatal day (PD) 0. Pups remained with their mothers for 21 days and were then weaned (PD21). After weaning, a total of 80 male offspring were housed in groups of four. Food and water were available *ad libitum*, except when water was substituted by alcohol in accordance with the drinking in the dark (DID) procedure and during behavioural testing of the offspring. All procedures were conducted in compliance with the guidelines of the European Communities Directive 86/609/EEC regulating animal research and were approved by the local ethics committee (CEE-PRBB).

Drugs

Ethyl alcohol was purchased from Merck Chemicals (Darmstadt, Germany) and diluted in tap water to obtain a 20% (v/v) alcohol solution.

Animals received either vehicle DMSO (Sigma-Aldrich, Germany) or TSA (Sigma Aldrich, Germany). The stock solution of TSA was diluted with 20% DMSO and saline (0.9% w/v) at the time of administration to reach the required volume (Sharma et al., 2015). TSA (1 mg/kg, 0.5 mg/kg) or vehicle (DMSO in saline, 20% dilution) was injected intraperitoneally (i.p.) once daily during PD 28-35. The dose of TSA was selected on the basis of previous studies in rodents (Fleiss et al., 2012).

Drinking-in-the-dark test

This procedure was conducted as previously reported with minor modifications (Rhodes et al., 2005; Cantacorps et al., 2017), commencing two days after mating. Pregnant females were randomly assigned to two groups: alcohol- and water-exposed (control). Briefly, food was removed, and the water bottles were replaced with 10-ml graduated cylinders fitted with sipper tubes containing either 20% (v/v) alcohol in tap water or only tap water 3 h after the lighting was deactivated. Following a 2 h-access period, individual intake was recorded, and food and water bottles were returned to the home cage. During this time, mice were individually housed, and each corresponding male breeding pair was removed from the home cage for the DID procedure. The procedure was repeated on days 2 to 4, and fresh fluids were provided each day (from Tuesday to Thursday). On day 5 (Friday), alcohol or water cylinders were left for 4 h and fluid intakes were recorded. Two empty control cages (water and alcohol) were placed in the rack to measure general liquid loss (leakage/evaporation), and drip values were subtracted from the drinking values. Fluid intakes (g/kg body weight) were calculated from average 2-day body weight values as dams were weighed at 2-day intervals (Mondays and Wednesdays). The procedure was maintained throughout the 3-week gestation and 3-week lactation periods (gestation day (GD) 1 to PD 21). Food and water consumption during *ad libitum* periods were measured in both pregnant and nursing female mice. In addition, Cantacorps et al (2017) measured blood alcohol concentrations (BAC) in dams after the last gestational binge-like session (day 12 of the test), and after the last binge drinking session during lactation (day 24 of the procedure), reaching the intoxication levels as defined by the NIAAA (2016), approximately 80 mg/dl. In the present study, we have followed the same procedure, and dams achieved similar levels of alcohol consumption (ml), and levels of alcohol intake g/kg that previous ones obtained by Cantacorps and colleagues, (2017), reaching even higher alcohol consumption during several days of the procedure. Therefore, we assume that the blood levels of female mice reached levels of intoxication.

Blood alcohol determinations in offspring

Tail blood samples were obtained from the male offspring during lactational period at two times, PD 15 and PD 21, and immediately after the 4h period of maternal alcohol consumption. BACs were measured using EnzyChrom™ Ethanol Assay Kit (Bioassay Systems, USA).

Experimental design

A schematic description of the experimental procedure of each experiment is provided in Table 1. Animals were randomly separated into six groups after DID test exposure: (1) Control + vehicle, (2) Control + TSA 0.5mg/kg, (3) Control + TSA 1mg/kg, (4) PLAE + vehicle, (5) PLAE + TSA 0.5mg/kg, (6) PLAE + TSA 1mg/kg. Mice were used for behavioural assays from PD36-58 and, 24h after the final test brains were dissected for biochemical analyses.

Elevated plus maze (EPM)

At PD 36, each mouse was exposed to the EPM (Pellow and File, 1986; Rodgers et al., 1997; Cantacorps et al., 2018). The maze consisted of two open arms (30×5×0.25 cm) and two closed arms (30×5×15 cm), and the junction of the four arms formed a central platform (5×5 cm). The floor and the walls of the closed arms were made of Plexiglas. The open arms had a small edge (0.25 cm) to provide additional grip for the animals. The entire apparatus was elevated 45 cm above floor level. In order to facilitate adaptation, mice were transported to the dimly illuminated laboratory 1 h prior to testing. Each mouse was placed in the centre of the maze for 5 min. The percentage of time spent in the open arms and the total number of arm-entries were recorded using Smart Software (Panlab s.l.u., Barcelona, Spain).

Locomotor activity

Basal locomotor activity was evaluated in the offspring mice (PD 37) in locomotor activity boxes (24 x 24 x 24 cm) (LE8811 IR, Panlab s.l.u., Barcelona, Spain). Vertical (rearings) and horizontal (deambulations) movements were automatically recorded for 20 min as previously described (Gracia-Rubio et al., 2016).

Spontaneous alternation Y-maze test

Adolescent mice (PD 38) were assessed for spatial working memory as previously reported (Arai et al., 2001; Cantacorps et al., 2017). Briefly, mice were placed in the centre of a Y-shaped maze with two equal arms, each 395 mm long and separated by 120° angles, and were allowed to freely explore for 8 min. Arm choices were manually recorded. Three consecutive choices of three different arms were counted as an alternation. The score was obtained as the ratio of the total number of alternations by the total number of choices minus 2.

Novel object recognition test (NOR)

Adolescent mice (PD 39-42) performed this test in a black open box (24 x 24 x 15 cm) using small, non-toxic objects: two plastic boxes (A) and a plastic toy (B). The task procedure has been previously described (Maccarrone et al., 2002; Pascual et al., 2011) and consists of three phases: habituation, training session (T1) and, subsequently, the test session (T2). During the habituation session, mice spent 5 min exploring the open-field arena where the T1 and T2 were performed. In the training session, the mouse was placed in the open-field arena containing two identical sample objects placed in the middle of the testing box for 3 min. After a retention interval of 1 min, the animal was returned to the open-field arena with two objects during the test session (3 min): one object was identical to the sample and the other was novel. The test session was repeated 72h after exposure to the familiar object. Object exploration was defined as the orientation of the animal's snout towards the object within a range of 2 cm, or less, from the object. The recognition index was calculated as $[DI = (t_{\text{novel}} - t_{\text{familiar}}) / (t_{\text{novel}} + t_{\text{familiar}}) \times 100\%]$, with "t" as the time each mouse had spent exploring an object (recorded using Smart Software, Panlab s.l.u.).

Radial arm maze (RAM)

The RAM (Panlab, Barcelona, Spain) was conducted as previously described with minor modifications (Ros-Simó et al., 2013, Moscoso-Castro et al., 2017). Briefly, the maze, which was placed on a 100 cm high tripod, consisted of a central hub with eight-arms radiating from it. The maze was situated in the middle of a dark room and surrounded by black curtains hanging from the ceiling to the base of the tripod. Three different extra-maze visual cues were fitted to the curtains in order to aid spatial localization (pink square, green rectangle and white cross). Animals batched for this experiment were food-deprived to 80-85% of their baseline body weight with limited-access to chow pellet (2-3g/animal/day) during all the maze procedure (Ros-Simó et al., 2013; Harvey et al., 2017). Previously to RAM sessions, there was a four-days habituation period to the maze (PD 43-46). After habituation, RAM training sessions were conducted for 12 consecutive days (PD 47-58). During training sessions, food wells at the end of each arm were used to place chocolate pellets (Choco Krispis, Kellogg's). Animals (PD 43-58) were placed in the centre of the maze and were trained to find the food pellets situated in the three randomly selected arms. Each acquisition session consisted of 2 trials/day, each lasting 5 minutes or until the mouse found all the pellets. Working memory errors (i.e. entries into baited arms already visited during the same trial) and spatial reference memory errors

(i.e. entries into non-baited arms) were recorded. The average value from both daily sessions was calculated for each measure.

Preparation of tissue extract

The mice (n = 4-6 in each group) were sacrificed by cervical dislocation 24h after the last behavioural test (PD59). PFC and HPC brain areas were dissected following the procedure described by Heffner et al., (1980), and then stored in dry ice at -80°C on an ice-cold plate. The tissue extracts were used to perform Western Blot and Enzyme-Linked Immunosorbent Assay.

Sample preparation and Western Blot analyses

Firstly, the PFC and HPC tissues were homogenized in cold lysis buffer (0.05M Tris-HCl pH7.4, 0.15M NaCl, Triton X-100 1%, Glycerol 10% and EDTA 0.001M). Homogenates were kept on ice for 30 min and centrifuged at 15,000 rpm for 15 min, and the supernatant was collected to determine the protein concentration. The lysate protein concentration was detected using DC™ Protein Assay (Bio-Rad; Barcelona, Spain). Membranes were incubated overnight at 4 °C with primary antibodies (see Table 2): Anti-β-Tubulin (anti-mouse, 1:5000, BD Biosciences), Anti-Phospho CREB (anti-rabbit, 1: 1000, Merck Milipore, Spain), Anti-CREB (anti-rabbit, 1: 500, Merck Milipore, Spain) and Anti-TrkB (anti-rabbit, 1:500, EMD Milipore Corp, USA). After washing with TBS/T, blots were incubated with their respective HRP-conjugated antibodies: anti-mouse (1:2500, Rockland) and anti-rabbit (1:2500, Abcam). Blots were developed using the ECL system (ECL Plus, Amersham Biosciences). For comparative purposes, control values were normalized to 100% and the respective protein expression values were adjusted according to the normalization factor.

Enzyme-Linked Immunosorbent Assay (ELISA)

Sampling and protein extraction. The tissue was homogenized in cold lysis buffer (137mM NaCl, 20mM Tris-HCl, 1% Nonidet P-40, 0.1g/ml Glycerol 10%, 1mM PMSF, 10ug/ml Leupeptimin, 0.5mM Sodium Vanadate, 1ug/ml Pepstatin and dH2O, pH = 8.0). Tissue lysates were incubated at 4 °C for 20 min. The sample was centrifuged at 12,000 rpm for 10 min and then the supernatant was collected. The lysate protein concentration was detected using DC™ Protein Assay (Bio-Rad; Barcelona, Spain).

BDNF. BDNF protein levels in brain tissue samples were measured using a commercially available enzyme-linked immunosorbent assay (ELISA) kit (Promega). The ELISA kit used has a wide linear range (7.8-500 pg/ml) and a detection limit, determined in our laboratory, of

15 pg/ml. Standards (8 concentrations) and the assayed brain samples (100 µl aliquots) were run in duplicate. BDNF levels were determined in the brain homogenate (PFC and HPC) by means of a commercially available ELISA kit (Promega) according to the manufacturer's instructions. Absorbance was determined at 450 nm using a spectrophotometer.

HDAC4. The total amount of HDAC4 protein activity in the PFC and HPC was measured in offspring mice. Nuclear fractions were isolated as previously described (Ishida et al., 2002). A colorimetric ELISA assay kit (Epigentek) was used in accordance with the manufacturer's instructions. Absorbance was determined using a spectrophotometer at 450 nm. For comparative purposes, control values were normalized to 100% and the respective activity level values were adjusted according to the normalization factor.

Immunohistochemistry

The mice (n = 4 per group) were anesthetized with sodium pentobarbital and perfused transcardially through the left ventricle with 100 ml of phosphate-buffered saline (0.1 PBS, pH = 7.4) followed by 100 ml of 4% paraformaldehyde-PBS. Brains were extracted, post-fixed in the same solution for 4 hours at room temperature and cryoprotected by immersion in 30% sucrose-PBS at 4 °C. After freezing in dry ice, 30 µm-thick coronal tissue sections were obtained using a microtome and stored in 30% sucrose-PBS at -20°C in a 6-well dish. An immunohistochemical study of the HPC was performed to measure the doublecortin content (DCX; a marker for newly differentiated and migrating neuroblasts; Brown et al., 2003) in the DG of offspring mice (Luján et al., 2018). Cerebral sections were washed in phosphate-buffered saline (PBS; 0.1 M) and blocked with normal goat serum (NGS 3%, Triton X-100 0.1% and PBS, Vector Laboratories, UK). The slices were incubated with primary antibody (see Table 2): anti-DCX (anti-rabbit, 1:2000, Abcam, UK) overnight at 4 °C. The sections were then washed with PBS and incubated for 2 h with secondary antibody: goat anti-rabbit (1:200, Alexa Fluor®). After labelling, the sections were washed with PBS and the tissue was dehydrated and mounted onto slides with FluorSave (Calbiochem, USA) mounting medium. Images were acquired using a Leica TCS SP5 laser confocal microscope (Leica Microsystems, Germany). Quantification was carried out by counting the number of DCX-positive cells using the ImageJ software (National Institutes of Health, USA).

Statistical analysis

Two-way ANOVA with repeated measures was calculated to analyse alcohol intake during the DID test with Group (Water-Alcohol) as between-subject factors and Day as a within-subject

factor. One-way ANOVA with repeated measures was used to analyse alcohol intake in the alcohol-drinking group of dams during the DID test. Data obtained from behavioural tests and biochemical analyses were evaluated using two-way ANOVA with two factors: Group (Control-PLAE) and Treatment (DMSO (vehicle)- TSA 0.5mg/kg - TSA 1mg/kg). For the RAM test, three-way ANOVA was used to analyse the data with the variables Group, Treatment and Day (as a within-subject factor). Subsequent post-hoc comparisons were calculated using the Bonferroni test. Results are expressed as the mean $\pm$ SEM, and statistical significance was set at $p < 0.05$.

Results

Maternal alcohol consumption during prenatal and lactation periods

As shown in Figure 1, dams were exposed to alcohol under the DID test procedure from gestational period GD1 to PD21, in order to mimic voluntary binge alcohol drinking. Two-way ANOVA analysis of water and alcohol consumption (ml) during DID testing showed a significant effect of Day [$F(23,368) = 17.661$; $p < 0.001$], Group [$F(1,16) = 10.334$; $p < 0.005$] and an interaction between factors [$F(23,368) = 4.378$; $p = 0.05$]. Bonferroni post-hoc comparisons revealed a significant increase in fluid consumption from days 13 to 24 of the test, corresponding to the lactation period ($p < 0.05$). In this period, mice consumed more water than alcohol on day 16 ($p < 0.05$) and from days 21 to 24 of the test ($p < 0.05$, for all cases) (Figure 1a).

One-way ANOVA with repeated measures analysis of alcohol intake (gr alcohol/kg) (Figure 1b) showed a significant effect of Day [$F(23,414) = 8.536$; $p < 0.001$]. Post-hoc comparisons revealed significant differences between the 4h drinking sessions compared with the 2h session on days 4, 8 and 24 ($p < 0.01$), and on days 12 and 20 ($p < 0.05$).

Blood alcohol determination in the lactation period.

We have analyzed the BAC in the nursing pups following the EnzyChrom™ Ethanol Assay Kit (Bioassay Systems, USA) calculation. BAC levels for pups receiving alcohol were 14.86 ± 0.82 mg/dl and 19.38 ± 1.59 mg/dl, on PD 20 and 24, respectively.

Alcohol-exposed offspring mice present an anxiogenic-like response

Offspring mice were assessed for their anxiety-like behaviour on the EPM (Figure 2). Two-way ANOVA revealed an interaction between the two variables Group X Treatment for the time spent in the open arms [$F(2,72) = 4.915$; $p < 0.05$] and the percentage of time spent in the open arms [$F(2,72) = 5.438$; $p < 0.01$]. Animals exposed to alcohol during prenatal/lactation periods

and treated with vehicle spent less time and a reduced time percentage in the open arms when compared with the control group ($p < 0.01$ in both cases) (Figure 2). No significant changes in control groups receiving water were observed. No changes in the number of total entries were found after alcohol exposure or TSA treatment (data not shown).

Maternal alcohol drinking does not affect spontaneous locomotor activity in offspring

The effects of prenatal and lactational alcohol exposure on spontaneous locomotor activity were assessed in the offspring. Two-way ANOVA analysis of horizontal and vertical movements showed no statistical effect (n.s.) (Data not shown).

Prenatal and postnatal alcohol exposure induces impairments in working memory in adulthood

To assess the prolonged effects of alcohol exposure on spatial working memory, the Y-maze spontaneous alternation test was performed in offspring mice (Figure 3). Two-way ANOVA revealed an effect of Group [$F(1,78) = 21.853$, $p < 0.001$], Treatment [$F(2,78) = 5.545$, $p < 0.01$] and interaction between factors [$F(2,78) = 8.614$, $p < 0.05$]. PLAE animals performed lower scores in the Y-maze when compared with the control group ($p < 0.001$). In addition, TSA at both doses used, reversed the deleterious alcohol effects in PLAE mice receiving vehicle ($p < 0.05$) (Figure 3).

Maternal binge-like alcohol drinking impairs hippocampal memory in the object recognition task

Figure 4 shows the results obtained for recognition index in the NOR evaluated 1 min after exposure to the familiar object. Two-way ANOVA analysis revealed an effect of Group [$F(1,68) = 7.598$; $p < 0.01$] with no Treatment effect [$F(2,68) = 0.028$; n.s.] or interaction between factors [$F(2,68) = 0.840$; n.s.]. PLAE mice showed lower levels of the DI test when compared with the control group ($p < 0.01$) (Figure 4a).

When the recognition index was evaluated 72h after exposure to the familiar objects, two-way ANOVA revealed significant differences in Group [$F(1,66) = 5.216$; $p < 0.05$] and no effect of Treatment [$F(2,66) = 2.554$; $p = 0.08$] with no observed effect for interaction [$F(2,66) = 0.833$; n.s.]. The animals exposed to alcohol showed a lower DI than the control group treated with vehicle ($p < 0.05$) (Figure 4b).

Maternal binge-like alcohol drinking affects the working and spatial memory

Regarding working memory errors (Figure 5a, 5b and 5c), the three-way ANOVA revealed an effect of Group [$F(1,76) = 15.3$; $p < 0.001$], Days [$F(11,836) = 18.669$; $p < 0.01$], Treatment [$F(2,76) = 4.951$; $p < 0.01$], interaction between Group X Treatment [$F(2,76) = 4.108$; $p < 0.05$] and interaction between Group X Treatment X Days [$F(22,836) = 1.692$; $p < 0.05$]. All group of animals performed less errors on day 8 to 12 compared to days 1 to 5 ($p < 0.01$ in all cases) (Figure 5a and 5b). On day 5, control animals treated with DMSO ($p < 0.01$) performed more errors than the group treated with TSA 1mg/kg (Figure 5a). Furthermore, in PLAE mice, the group of animals treated with DMSO showed higher number of errors than the group treated with TSA 0.5mg/kg and TSA 1 mg/kg in days 1 ($p < 0.05$ in both cases), 6 ($p < 0.05$ in both cases), 10 ($p < 0.05$ in both cases) and 12 ($p < 0.05$ in both cases)(Figure 5b).

Two-way ANOVA analysis of data for day-12 working memory errors (Figure 5c), showed no effect of Group $F(1,76) = 1.324$; $p > 0.05$], no effect of Treatment $F(1,76) = 1.394$; $p > 0.05$], with interaction between Group X Treatment [$F(2,76) = 3.228$; $p < 0.05$], indicating that PLAE mice treated with vehicle showed a higher number of errors than the control group ($p < 0.01$).

Spatial memory errors (Figure 5d, 5e and 5f), the three-way ANOVA revealed an effect of Group [$F(1,76) = 14.561$; $p < 0.001$], Days [$F(11,836) = 29.793$; $p < 0.01$], and Treatment [$F(2,76) = 16.002$; $p < 0.01$], with interaction between Group X Treatment [$F(2,76) = 8.978$; $p < 0.001$], and the interaction Group X Treatment X Days [$F(22,770) = 1.69$; $p < 0.05$]. All group of animals performed less errors on day 7 to 12 compared to days 1 to 4 ($p < 0.01$ in all cases) (Figure 5d and 5e). Control animals treated with DMSO performed more errors than the group treated with TSA 1mg/kg in day 5 and day 7 ($p < 0.05$, in both cases) (Figure 5d). PLAE mice treated with vehicle made more spatial errors than PLAE animals treated with TSA 0.5 mg/kg and TSA 1 mg/kg on days 1 ($p < 0.01$ and $p = 0.01$, respectively), 6 ($p < 0.01$ in both cases), 7 ($p < 0.01$ in both cases), 8 ($p < 0.05$ and $p < 0.01$, respectively), 9, 10, 11 and 12 ($p < 0.01$ in all cases) (Figure 5e).

Spatial memory errors on day 12 was analyzed using a two-way ANOVA (Figure 5f). Results showed an effect for Group [$F(2,69) = 8.070$; $p < 0.01$], Treatment [$F(2,69) = 5.670$; $p < 0.01$], and interaction between Group X Treatment [$F(2,69) = 3.228$; $p < 0.01$]. Furthermore, the PLAE group treated with vehicle committed more errors than the control group ($p < 0.001$). Therefore, the PLAE group mice treated with vehicle showed a higher number of errors than PLAE mice treated with TSA (both doses) ($p < 0.001$ in all the cases).

Maternal alcohol consumption decreases BDNF levels in the offspring

The BDNF levels were assessed in the PFC and HPC to show the effect of early alcohol exposure on neurotrophic factors required for plasticity (Figure 6). In the PFC, two-way ANOVA revealed differences in Group [$F(1,24) = 7.952$; $p < 0.01$], but there were no effects observed in Treatment [$F(2,24) = 1.591$; n.s.] or interaction between factors [$F(2,24) = 1.306$; n.s.]. Globally, PLAE animals showed reduced BDNF levels in the PFC when compared to the control group. ($p < 0.01$) (Figure 6a).

The analysis of HPC data showed a significant effect for Group [$F(1,24) = 10.092$; $p < 0.01$], but no effect was observed for Treatment [$F(2,24) = 1.060$; n.s.] or interaction between factors [$F(2,24) = 0.881$; n.s.]. Mice exposed to alcohol exhibited decreased BDNF levels in the HPC when compared to the control group. ($p < 0.01$). (Figure 6b).

TrkB levels as a consequence of prenatal alcohol/water exposure

TrkB protein expression was assessed in the PFC and HPC of the offspring mice (Figure 7). The effects of early alcohol exposure on the TrkB receptor in the PFC showed no effects for Group [$F(1,25) = 0.190$; n.s.], Treatment [$F(2,25) = 0.835$; n.s.] or interaction between factors [$F(2,25) = 0.310$; n.s.]. In addition, in the HPC, no statistical effects were found in the variable Group [$F(1,25) = 0.010$; n.s.], Treatment [$F(2,25) = 0.399$; n.s.] or the interaction between factors [$F(2,25) = 2.225$; n.s.].

pCREB/CREB protein expression as a consequence of prenatal alcohol/water exposure

pCREB/CREB protein expression was assessed in the PFC and HPC of the offspring mice (Figure 8). No significant effects were observed in the PFC (Figure 8a). In the HPC, the two-way ANOVA revealed an effect of Treatment [$F(2,26) = 6.419$; $p < 0.01$], but without differences in Group [$F(2,26) = 0.726$; n.s.] or interaction between factors [$F(2,26) = 0.085$; n.s.]. Overall, the main factor of the ANOVA indicated that mice treated with TSA showed a higher protein expression of pCREB/CREB when compared to the vehicle group ($p < 0.01$) (Figure 8b).

Effects of prenatal alcohol exposure on HDAC4 levels in the PFC and HPC

HDAC4 levels were assessed in the PFC and HPC of the offspring (Figure 9). Conversely, no changes were observed in the PFC (Figure 9a). In the HPC, two-way ANOVA revealed an interaction between Treatment X Group factors [$F(2,18) = 5.377$; $p < 0.05$]. PLAE animals treated with the vehicle presented higher HDAC4 activity when compared to the control group ($p < 0.05$). Furthermore, PLAE mice treated with TSA 1 presented lower levels of HDAC4 compared to the PLAE control group ($p < 0.01$). (Figure 9b).

Maternal binge-like alcohol drinking decreases DCX in offsprings

A quantitative analysis of DCX was performed in the DG of the HPC. Two-way ANOVA revealed a significant effect of Group [$F(1,18) = 5.985$; $p < 0.05$], no Treatment effect [$F(1,18) = 1.265$; n.s.] and an interaction between Group X Treatment [$F(2,18) = 8.779$; $p < 0.01$]. PLAE animals presented a decrease in the DCX signal compared with control group in the DG ($p < 0.05$) (Figure 10). In addition, PLAE mice treated with vehicle reduced the DCX signal cell when compared with the control vehicle group ($p < 0.001$). Furthermore, animals exposed to alcohol and treated with TSA presented an increased DCX signal compared to PLAE mice treated with vehicle ($p < 0.05$, TSA 0.5mg/kg; $p < 0.01$, TSA 1mg/kg) (Figure 10).

Discussion

Early life experiences can impact adult behaviour and we propose that such alterations involve epigenetic mechanisms. The present study demonstrates that adolescent mice exposed to PLAE showed behavioural alterations, such as increased anxiogenic-like responses, working and spatial memory impairments and recognition memory deterioration. Most of these effects were significantly subject to recovery with TSA treatment. PLAE also produces a decrease in BDNF levels in the HPC and the PFC and reduced neurogenesis (DCX) in the DG. Furthermore, alcohol exposure during the developmental period increased HDAC4 activity in the HPC.

In our study, females were exposed to a voluntary mouse model of binge-like alcohol drinking known as the DID test (Rhodes et al., 2005; Cantacorps 2017; 2018), with a total of six binge alcohol episodes weekly (3-week gestation and 3-week lactation). Alcohol exposure during the third trimester-equivalent can cause deleterious effects in humans. In fact, the third trimester is associated with a period of rapid neuronal growth and proliferation, referred as the “brain growth spurt”. In rodents, the “brain growth spurt” occurs during the first 1-2 weeks after birth (Barron et al., 2016). We have already found that the effects of alcohol are more detrimental when the mother receives alcohol during both periods, gestation and lactation, thus covering the whole intrauterine and early postnatal development periods in mice (Cantacorps et al., 2017; 2018). Our results showed an increase in alcohol intake during the binge drinking sessions (4h access) compared with the 3 previous days (2h access) during weeks 3 to 6. Additionally, we found an increase in water and alcohol consumption during the lactational period of the DID procedure when compared to the prenatal period. This may be

due to an increased physiological demand to consume fluid in order to support milk production (Bentley, 1998; Cantacorps et al., 2017).

The levels of alcohol in the pups did not reach levels of intoxication at the particular time points analyzed. The blood of the pups was extracted immediately after the 4h period in which females were exposed to alcohol. Dams at this period were probably focused on drinking alcohol and not on breastfeeding their offspring and consequently, the BAC levels in the offspring did not reach expected high levels. In spite of these low BAC levels in pups, we observed changes in the behavioural and biochemical parameters, indicating that continued exposure to alcohol produces a negative impact in the nursing pups.

The literature shows that prenatal alcohol consumption produces alterations in the emotional and cognitive behaviour of offspring and such effects persist throughout life (Thomas et al., 2010; Hamilton et al., 2014; MacIvane et al., 2016; Cantacorps et al., 2017; Schambra et al., 2017; Kozanian et al., 2018). Indeed, the offspring of females exposed to binge alcohol drinking during the developmental period showed an increase in anxiety-related behaviour in the EPM, with no changes in locomotor activity. Such results are consistent with earlier studies reporting an increase in anxiety-related behaviour in prenatal alcohol exposure animals (Abbott et al., 2016; Cantacorps et al., 2018). Moreover, impairments in recognition memory were reflected in the NOR test as PLAE mice failed to recognize the new object 72h after the first exposure. Similar results were found in working memory (assessed by the Y-maze and RAM), although in these cases, an improvement of the performed tasks was observed in the PLAE mice treated with TSA. On the basis of such findings, we propose that TSA is capable of reversing the impairments and disabilities in cognitive responses caused by prenatal alcohol exposure. A possible explanation for the deficits observed in PLAE mice may be due to the fact that prenatal alcohol exposure reduces the size of the anterior HPC in mice (Fish et al., 2018). Moreover, significant thickening of the frontal cortex was also observed in PLAE mice (Abbott et al., 2016). HDAC inhibitors such as TSA were reported to rescue memory deficits in aged mice by increasing long-term potentiation and elevating the level of histone acetylation in the HPC (Francis et al., 2009; Peleg et al., 2010; Kilgore et al., 2010). Furthermore, following the same procedure, a previous study of our group showed no relevant differences in maternal care behavior in mothers exposed to alcohol or water, suggesting that both groups of dams behaved similarly in the care of the pups (Cantacorps et al., 2019) discarding that the lack of an appropriated maternal care could be the responsible of alterations observed in the present study.

Supporting the idea that histone acetylation acts as a molecular memory aid, some research has proposed that the administration of HDAC inhibitors was able to potentiate memory in rodents (Fontano-Lozano et al., 2008; Guan et al., 2009; Monsey et al., 2011; Gräff et al., 2013a, 2013b). Concretely, TSA treatment enhanced contextual and cue fear memory, object recognition memory and memory reconsolidation in rodents (Gräff et al., 2013a). In addition, in different situations such as repeated neonatal exposure to isoflurane, which affects memory formation, Zhong et al. (2015) observed that TSA enhanced contextual fear conditioning. Correspondingly, treatment with TSA (1 mg/kg) attenuated high fat diet-induced cognitive deficits in mice (Sharma et al., 2015). Similarly, several previous reports (Francis et al., 2008; Kilgore et al., 2010; Itzhak et al., 2012) also demonstrated that memory deficits in some genetic mouse models (i.e. transcriptional coactivator CREB-binding protein mutant mice) were mitigated by HDAC inhibitor treatments, whereas normal cognitive function in wild-type mice was unaffected.

Kim et al (2012) provided evidence that the specific enzyme HDAC4, grouped in class IIa HDAC, is required for learning and memory and synaptic plasticity in mice. TSA inhibits both class I and class II HDAC enzymes, including HDAC4 (Cantley et al., 2017). Our results showed increased HDAC4 enzyme activity associated with cognitive impairments in the PLAE animals, which were reversed by TSA only in PLAE group of mice. In contrast with our findings, conditional deletion of HDAC4 leads to impaired learning, memory and continued synaptic plasticity (Kim et al., 2012; Ronan et al., 2013). The expression of truncated HDAC4 allele lacking the deacetylase domain showed similar defects, such as conditional deletion, in transgenic rodents (Sando et al., 2012). The apparent discrepancies with previous findings are probably due to the nonspecific targeting of the HDAC enzymes by TSA, thus suggesting that the broad-scale manipulation of class I or class II HDACs has divergent effects on these processes.

Several studies demonstrated that HDAC inhibitors also improved memory function through the activation of specific genes mediated by the CREB-CREB binding protein transcriptional complex (Vecsey et al., 2007; Green et al., 2008; Haettig et al., 2011; McQuown et al., 2011), which in turn could stimulate the expression of the active form of CREB (phosphorylated CREB). In our study, TSA administration increased the protein expression of pCREB/CREB in the HPC. The increased in the ratio pCREB/CREB might allow neurons to translate extracellular stimulation into prolonged cellular responses, enabling synaptic plasticity and memory consolidation. In this sense, Vecsey et al., (2007) found an enhancement of memory consolidation for contextual fear conditioning induced by intrahippocampal injection of TSA.

To further explore the molecular mechanisms involved in PLAE cognitive deficits, we assessed BDNF levels. A decrease in BDNF expression in both structures (PFC and HPC) in animals exposed to alcohol during the developmental period was observed without changes in the TrkB expression. This would indicate that the endogenous regulation of the BDNF system can be affected at different conditions, revealing that the system would be partially modified, without showing changes in receptor expression (Smith et al., 1995; Xu et al., 2004; Ray et al., 2014). Previous findings confirm that alcohol consumption during developmental period alters BDNF protein levels in different brain structures (Heaton et al., 2003; Feng et al., 2005; Barbier et al., 2008; Caldwell et al., 2008; Boschen et al., 2015). The variability of the effects (i.e. increases or decreases) depends on different factors including alcohol dosage, exposure window and brain region, thus suggesting developmental time-specific vulnerability. Pandey et al. (2015) observed that adolescent intermittent alcohol exposure increased HDAC activity and HDAC2 levels in the amygdala, leading to reduced histone acetylation in synaptic plasticity-related genes such as BDNF, in rats. Moreover, TSA was able to reverse these alterations (You et al., 2014; Pandey et al., 2015, 2017).

Previous research has described adolescents as being more sensitive to acute alcohol-induced inhibition of neurogenesis than adults (Crews et al., 2006). In addition, adult binge alcohol exposure decreases neurogenesis during alcohol intoxication, an effect that is reversed during the abstinence period (Crews and Nixon, 2008). Sakharkar and colleagues (2016) also reported that exposure to intermittent alcohol intake during adolescence decreased neural progenitor proliferation and also reduced the presence of immature neurons in the HPC. Different studies using animal models have reported that intermittent alcohol exposure during adolescence reduces neurogenesis markers regardless of the animal strain or alcohol exposure paradigm (Ehlers, 2013; Briones and Woods, 2013; Broadwater et al., 2014; Vetreno and Crews, 2015). Accordingly, PLAE mice presented a decrease in the DCX signal in the DG, which was reversed by TSA treatment, thus supporting the anti-inflammatory and neuroprotective effects of TSA in “in vitro” and “in vivo” models of different pathologies (Chen et al., 2007; Fleiss et al., 2012; Harrison and Dexter, 2013). BDNF adjusts some aspects of neuronal development and function including precursor cell proliferation (Davies, 1994). BDNF signalling would seem to play an important role in neurogenesis, and changes in BDNF would therefore have deleterious consequences in the neurogenesis of specific brain regions (Chen et al., 2007; Bath and Lee, 2010; Wei et al., 2015). However, on the basis of our results, we would rule out BDNF as a major role player in the context of TSA’s effects on neurogenesis.

Conclusion

The results from our study would suggest that maternal binge-like alcohol consumption can induce anxiety-like behaviour and memory and learning dysfunctions in adolescent offspring. Molecular alterations described in the PFC and HPC of PLAE mice may be associated with the behavioural impairments caused by alcohol exposure. Some of the observed modifications were significantly reversed following treatment with TSA, and in particular the reduced neurogenesis in the DG. Our study supports the participation of HDAC enzymes in cognitive and emotional alterations induced by binge alcohol consumption during gestation and lactational periods and proposes potential benefits of HDAC inhibitors for some aspects of FASD. Pharmacological manipulations acting on epigenetic mechanisms could represent a potential target in the management of FASD, but at the present moment further investigations need to be deserved.

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Table 1. Experimental Design. PLAE (prenatal and lactation alcohol exposure), TSA (Trichostatin

GD1-PD21	PD28-35			PD36-58	PD59
Drinking in the dark test (DID)	Treatment			Behavioural Test	Brain Extraction
Water (Control) (n=15)	DMSO (vehicle) (n=11)	TSA 0.5mg/kg (n=12)	TSA 1mg/kg (n=14)	Elevated plus maze Locomotor activity Spontaneous alternation (Y-maze) Novel object recognition test Radial arm maze	PFC-HPC (n=4-5)
Alcohol 20% (PLAE) (n=15)	DMSO (vehicle) (n=13)	TSA 0.5mg/kg (n=12)	TSA 1mg/kg (n=13)		

A), PFC (prefrontal cortex), HPC (hippocampus).

Table 2. Primary antibodies used for the immunohistochemistry and western blot studies

Primary antibodies	Host	Dilution	Company
β -tubulin	Mouse	1:5000	BD Biosciences
phospho-CREB	Rabbit	1:1000	Merck Milipore
CREB (cAMP response element-binding)	Rabbit	1:500	Merck Milipore
TrkB (Tropomyosin receptor kinase B)	Rabbit	1:500	Merck Milipore
DCX (Doublecortin)	Rabbit	1:2000	Abcam

Table 3. Effects of prenatal and postnatal alcohol/water exposure on HDAC4 levels in the hippocampus.

Water (Control)			Alcohol 20% (PLAE)		
Fold Change (% from control)					
Vehicle	TSA 0.5mg/kg	TSA 1mg/kg	Vehicle	TSA 0.5mg/kg	TSA 1mg/kg
100 ± 9	106 ± 3	106 ± 2	118 ± 7*	107 ± 7	86 ± 7 ⁺⁺

Data are expressed as [mean $\pm$ SEM] (n=4). HDAC 4 levels in the HPC. *p<0.05 PLAE-vehicle vs. Control-vehicle; ++ p<0.01 PLAE-TSA 1mg/kg vs PLAE-vehicle (Bonferroni post-hoc test).

Legends of the figures

Figure 1. Maternal DID test. Data are expressed as [mean $\pm$ SEM]. Alcohol was available 2 h/day on days 1 to 3 and 4 h on day 4 of the series. (a) Volume of water and alcohol consumed (ml) during DID procedure throughout prenatal and lactation periods. # p<0.05 Day effect; * p<0.05, Group effect (two-way ANOVA). (b) Alcohol intake (g Alcohol/kg) during DID test. *p<0.05, **p<0.01 compared with the 2h session during the week (Bonferroni post-hoc test) (n=30 females).

Figure 2. Effects of prenatal and postnatal alcohol exposure in the elevated plus maze. Data are expressed as [mean $\pm$ SEM]. The (a) time spent in open arms and (b) percentage of time spent in open arms was assessed in the offspring. Bonferroni post-hoc test **p<0.01 PLAE-vehicle vs Control-vehicle. (Bonferroni post-hoc test) (n=11-14 per group).

Figure 3. Effects of early alcohol exposure on Spontaneous alternation Y-maze test. Data are expressed as [mean $\pm$ SEM]. ***p<0.001 PLAE-vehicle vs Control-vehicle; +p < 0.05 TSA vs vehicle in the PLAE group. (Bonferroni post-hoc test) (n=11-14 per group).

Figure 4. Novel object recognition test in the prenatal and postnatal alcohol/water exposed mice. Data are expressed as [mean $\pm$ SEM]. (a) Novel object recognition test 1 minute after the exposition to the familiar objects. (b) Novel object recognition test 72h after the exposition to the familiar objects. *p<0.05, ** p<0.01 PLAE vs Control, Group effect (two-way ANOVA). (n=11-14 per group).

Figure 5. Radial arms maze test in the prenatal and postnatal alcohol/water exposed mice. Data are expressed as [mean $\pm$ SEM]. (a) Control and (b) PLAE working memory errors. **p<0.01 days 8-12 vs 1-5 (Day effect, two-way ANOVA); + p<0.05, ++ p<0.01 vehicle vs TSA 1 (Bonferroni post-hoc test) (c) Working memory errors in the 12 day. **p<0.01 PLAE-vehicle vs Control-vehicle. (Bonferroni post-hoc test). (d) Control and (e) PLAE spatial memory errors. **p<0.01 days 7-12 vs 1-4, (Day effect, two-way ANOVA); +p<0.05, ++p<0.01 vehicle vs TSA 1 (Bonferroni post-hoc test). (f) Spatial memory errors in the 12 day. ***p<0.001 PLAE-vehicle

vs Control-vehicle; +++ $p < 0.001$ PLAE-TSA (both doses) vs PLAE-vehicle (Bonferroni post-hoc test). (n=11-14 per group).

Figure 6. BDNF levels in the PFC and HPC of the prenatal and postnatal alcohol/water exposed mice. Data are expressed as [mean $\pm$ SEM]. (a) BDNF levels in the PFC. ** $p < 0.01$ PLAE vs. Control, Group effect (two-way ANOVA) (b) BDNF levels in the HPC. ** $p < 0.01$ PLAE vs Control, Group effect (two-way ANOVA). (n=4-6 per group).

Figure 7. TrkB levels in the PFC and HPC of the prenatal and postnatal alcohol/water exposed mice. Data are expressed as [mean $\pm$ SEM]. (a) TrkB levels in the PFC. (b) TrkB levels in the HPC. (n=4-6 per group).

Figure 8. PCREB/CREB levels in the PFC and HPC of the prenatal and postnatal alcohol/water exposed mice. Data are expressed as [mean $\pm$ SEM]. (a) PCREB/CREB levels in the PFC. (b) PCREB/CREB levels in the HPC. (n=4-6 per group).

Figure 9. Effects of prenatal and postnatal alcohol/water exposure on HDAC4 levels in the PFC and HPC. Data are expressed as [mean $\pm$ SEM]. (a) HDAC4 levels in the PFC. (b) HDAC 4 levels in the HPC. * $p < 0.05$ PLAE-vehicle vs Control-vehicle; ++ $p < 0.01$ PLAE-TSA 1mg/kg vs PLAE-vehicle (Bonferroni post-hoc test). (n=4 per group).

Figure 10. Effects of maternal alcohol binge drinking in neurogenesis (DCX). (a) Counts of DCX positive cells in the DG. (b) Representative DG section for DCX immunohistochemistry. Data are expressed as [mean $\pm$ SEM]. * $p < 0.05$ PLAE vs control group, Group effect (two-way ANOVA); +++ $p < 0.001$ PLAE vehicle vs control vehicle; # $p < 0.05$, ## $p < 0.01$ TSA vs vehicle in the PLAE group (Bonferroni post-hoc test). (n=4 per group).